

O exuberante no incomum: Um desafio diagnóstico



**REUNIÃO MENSAL REGIONAL
RJ**
SOCIEDADE BRASILEIRA DE
DERMATOLOGIA



AUTORES

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Laryssa Andrade Araújo
Maria Machado
Hugo Monteiro Faver

IDENTIFICAÇÃO

Feminino, 70 anos, aposentada

Artrite reumatoide, DM, Hipotireoidismo, Insuficiência venosa periférica em uso de Duloxetina, Glifage, Insulina, Levotiroxina, Leflunomida

Placas violáceas pruriginosas e dolorosas com surgimento em membros inferiores e abdome em 2023



Evolução de três anos

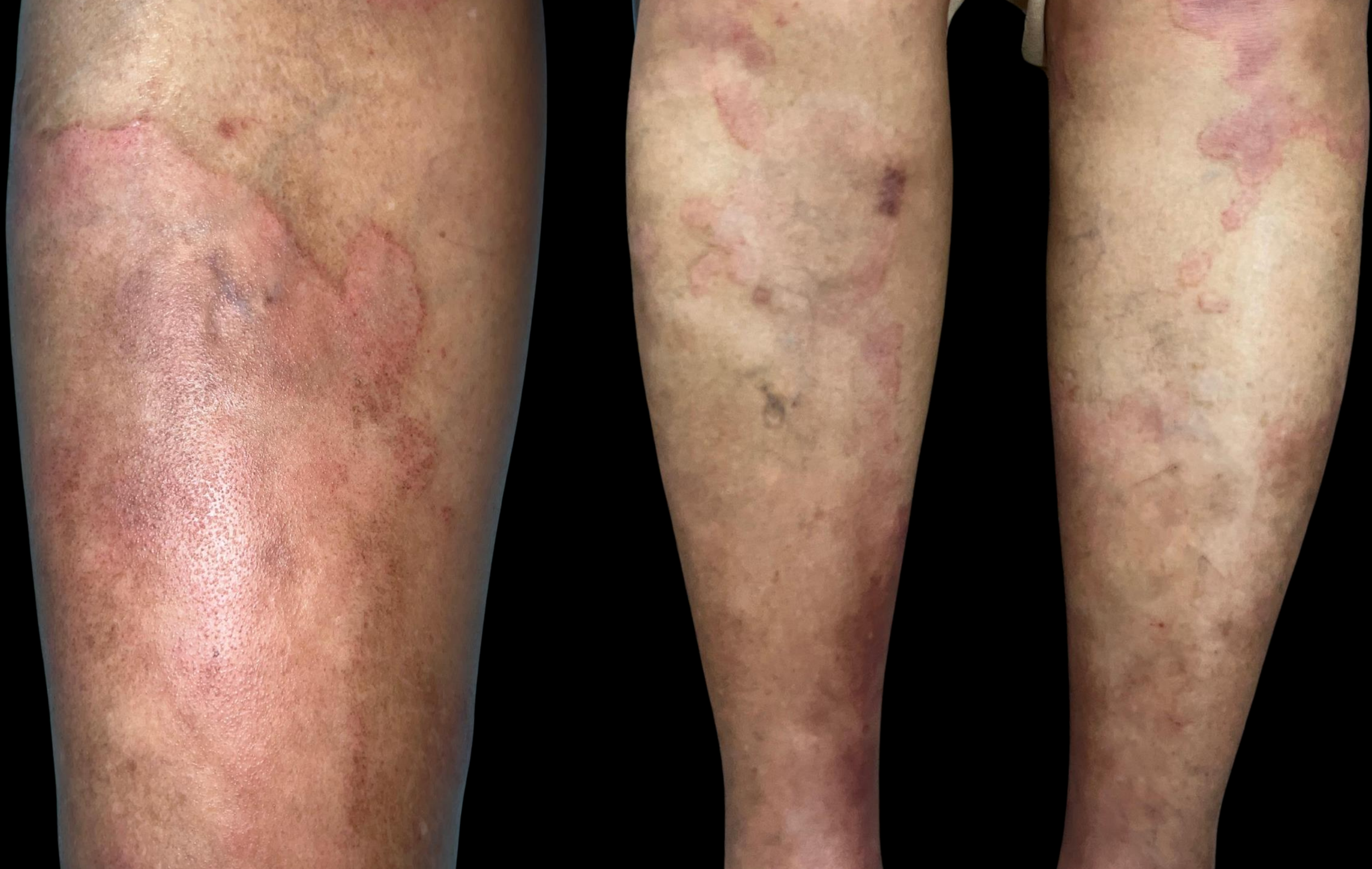
Dor e prurido associados



Evolução de três anos

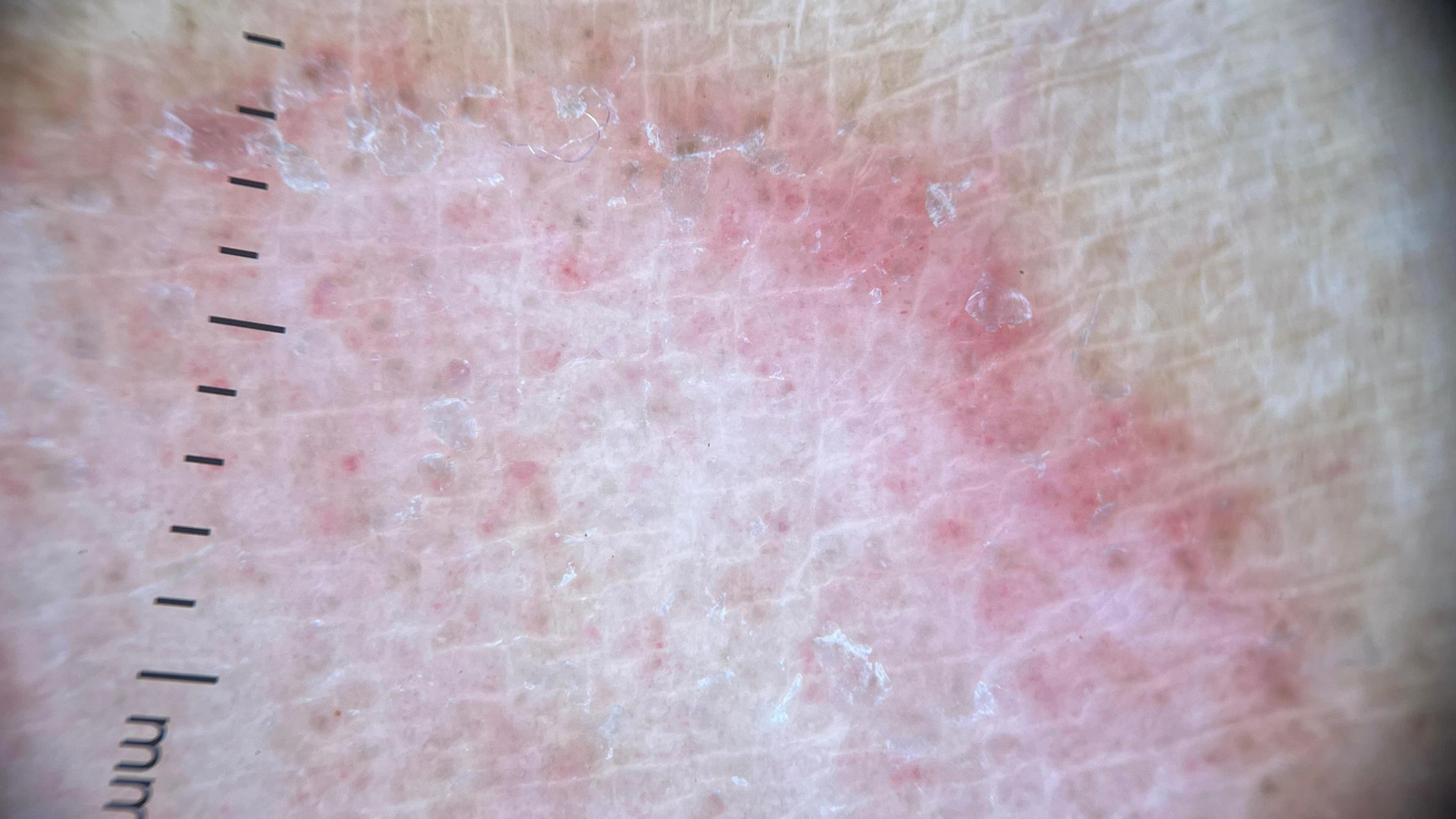
Dor e prurido associados

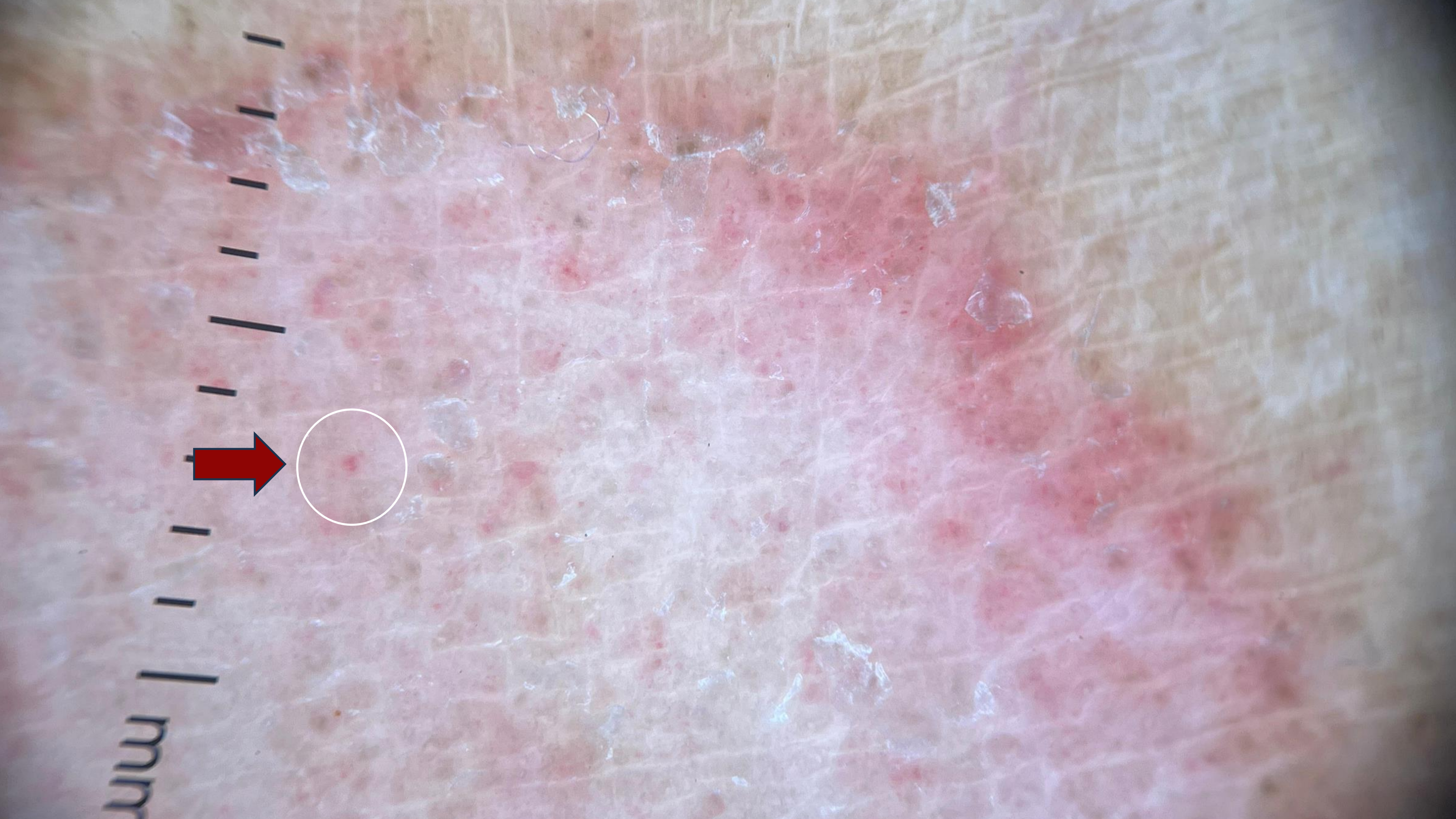


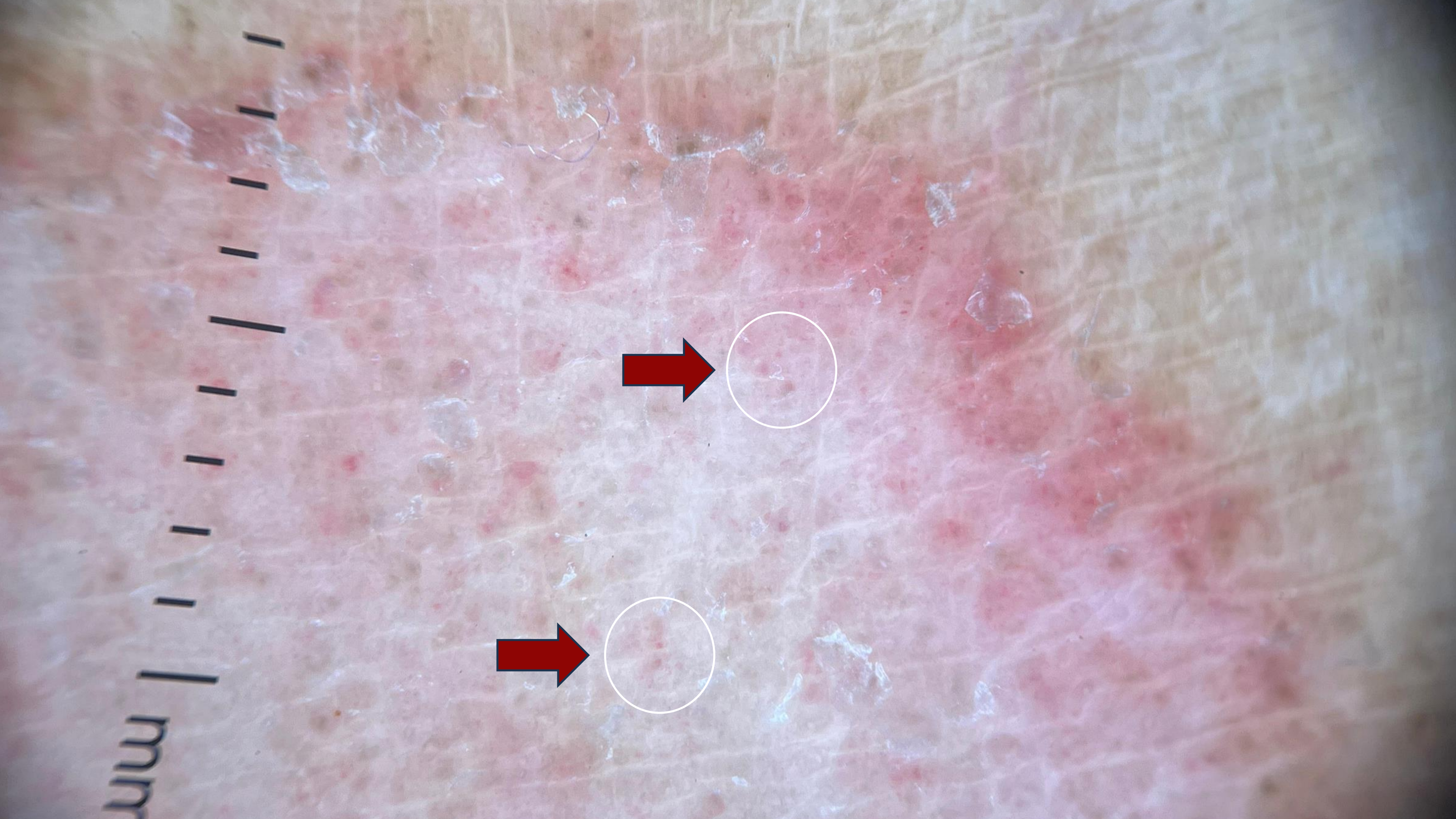


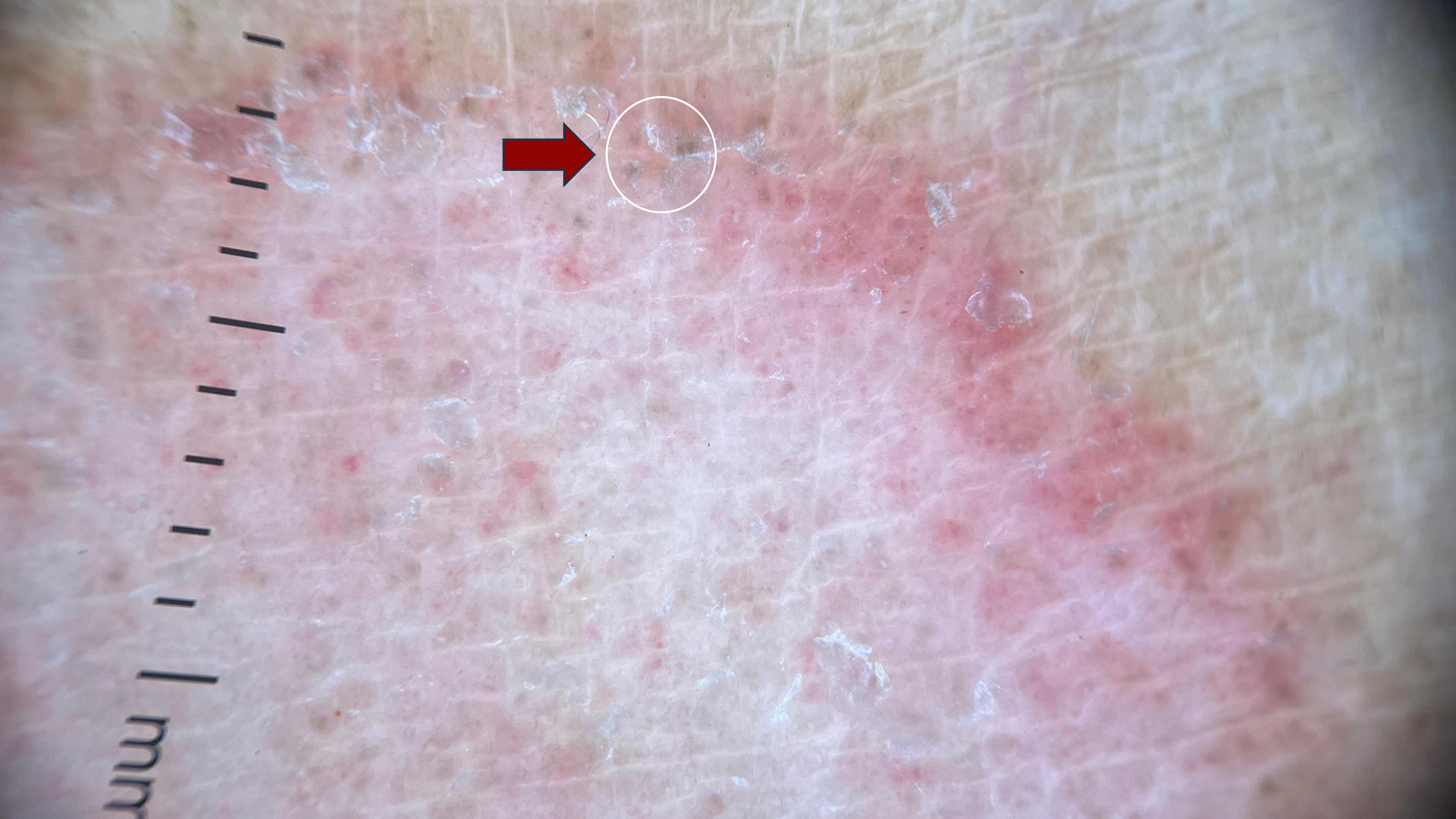


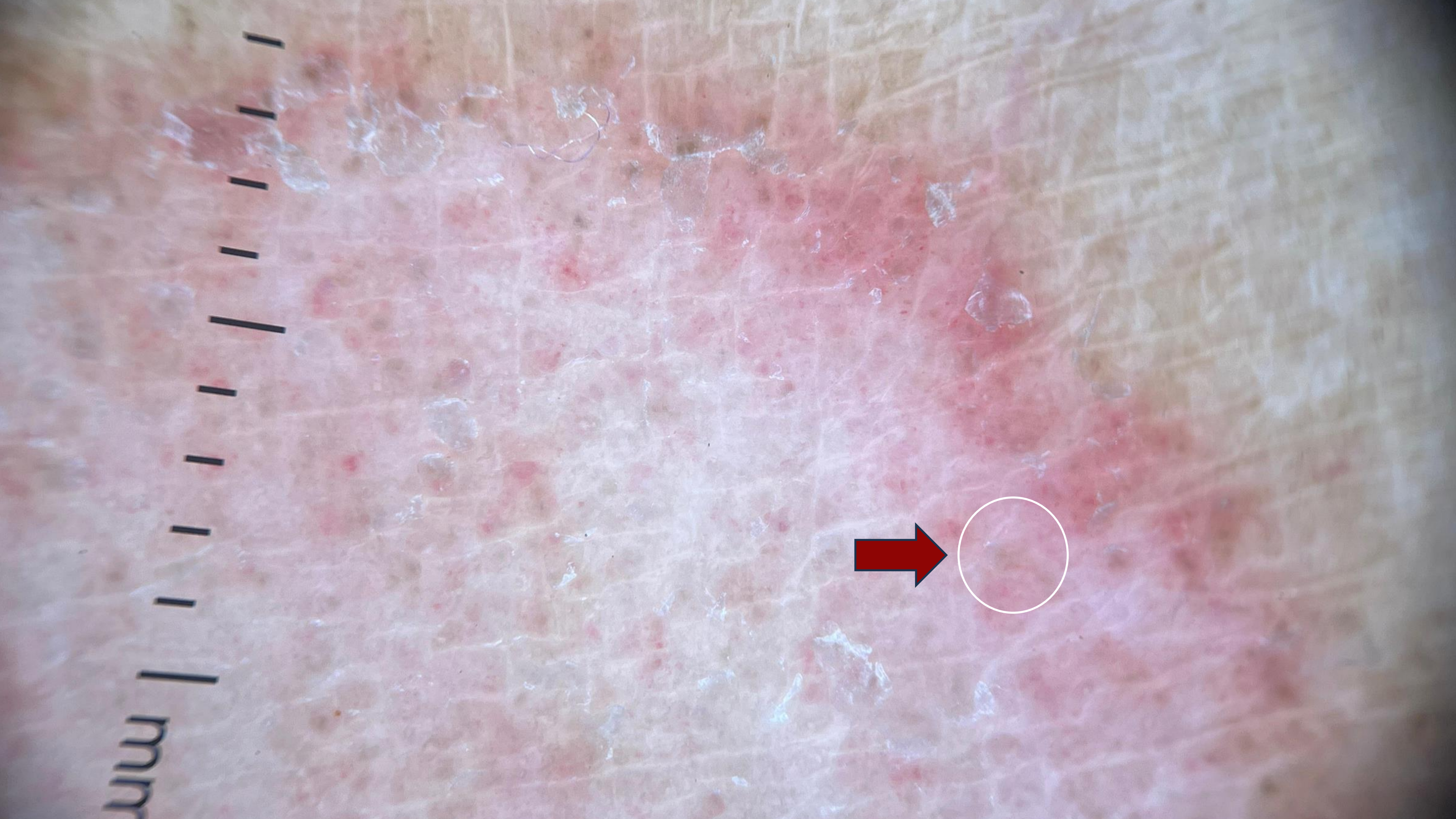
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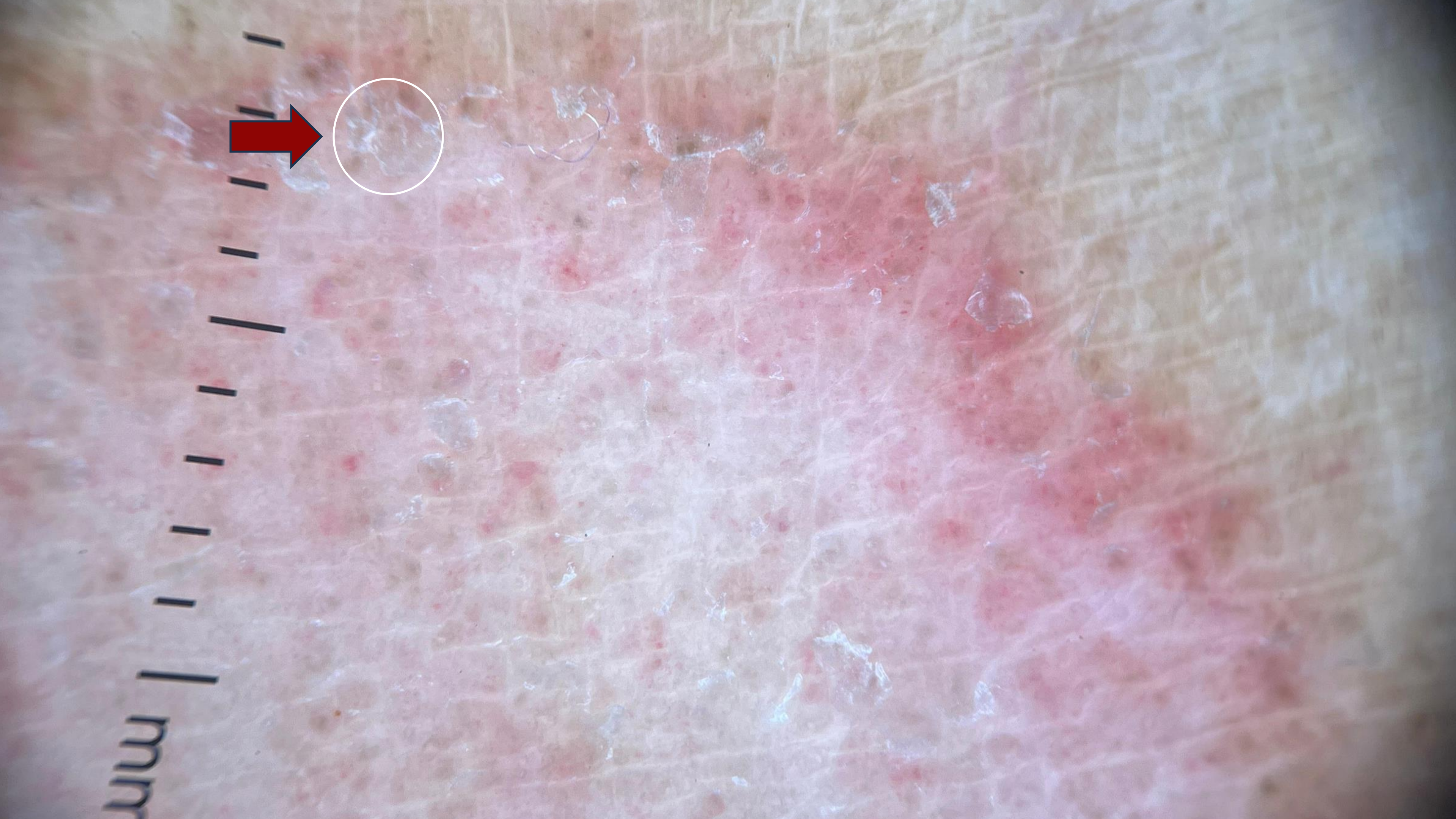












Hipóteses diagnósticas

Púrpura de Schamberg

Púrpura Eczematoide de Doucas-Kapetanakis

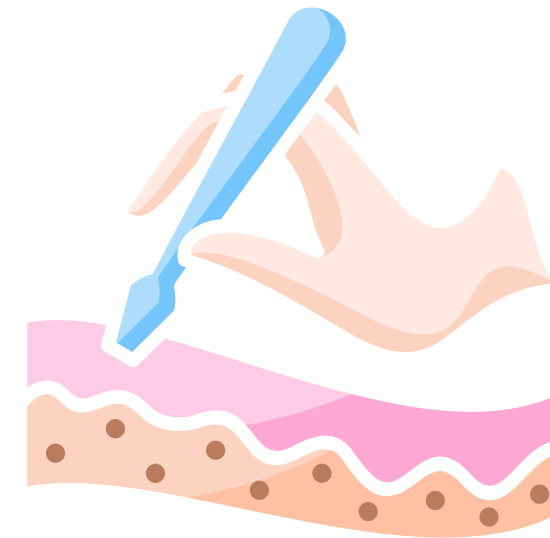
Psoríase

Hipóteses diagnósticas

Púrpura de Schamberg

Púrpura Eczematoide de Doucas-Kapetanakis

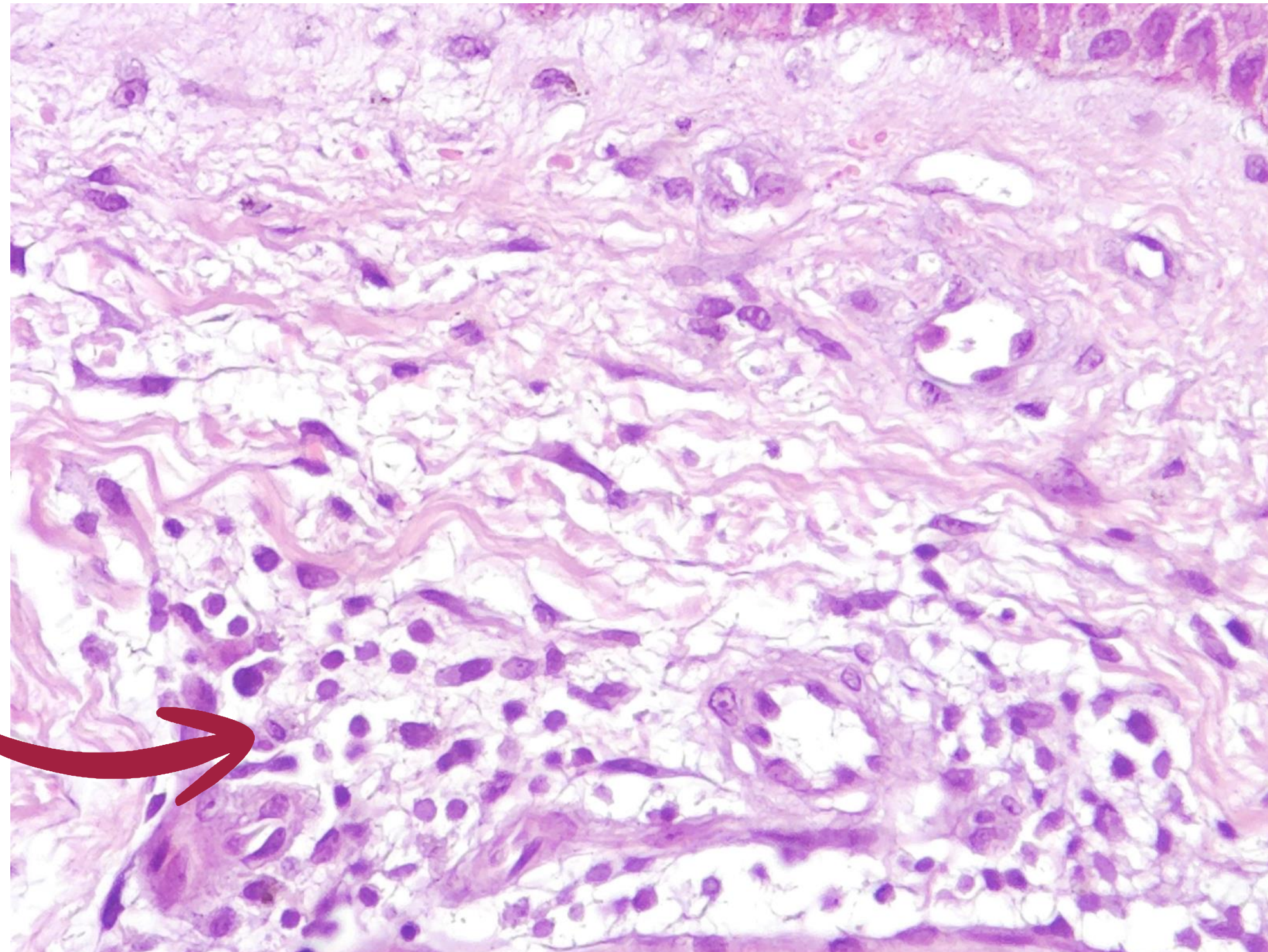
Psoríase



Realizado histopatológico

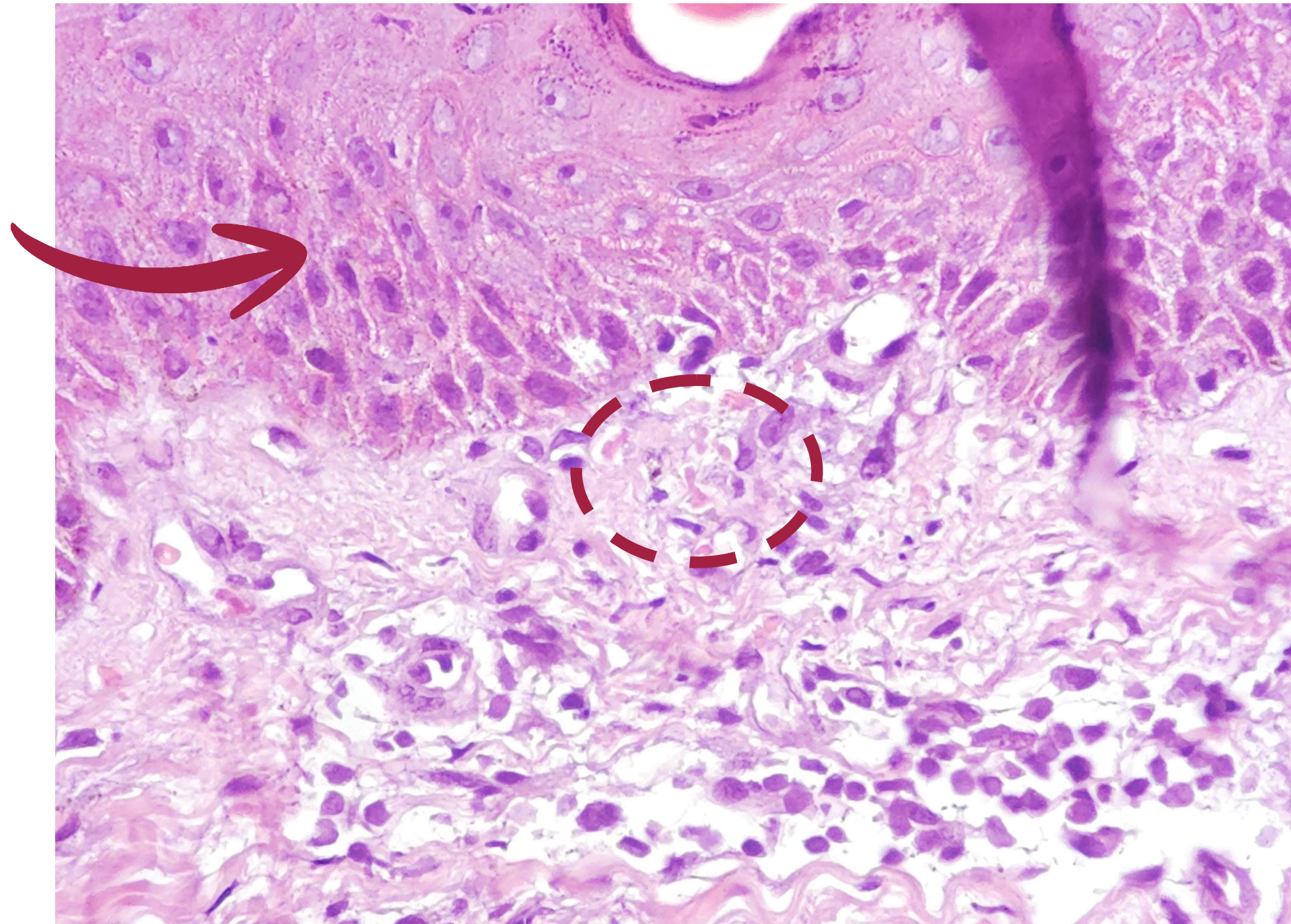
Histopatológico

Linfócitos

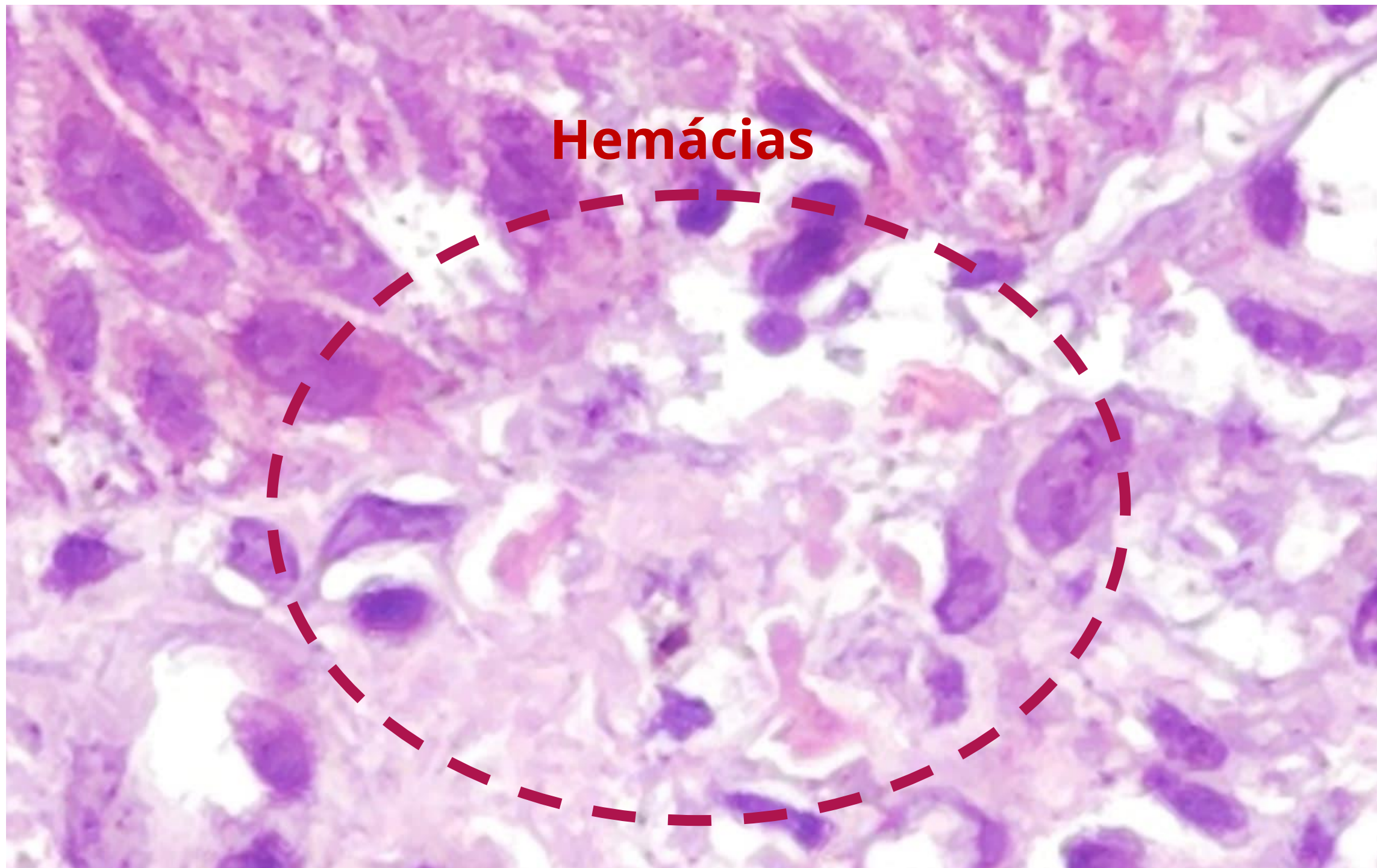


Histopatológico

Espongiose



Histopatológico



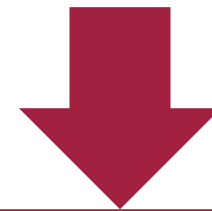
Púrpuras pigmentares crônicas

Definição

Hemorragia petequial decorrente de uma capilarite

Definição

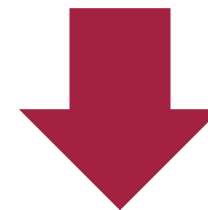
Hemorragia petequial decorrente de uma capilarite



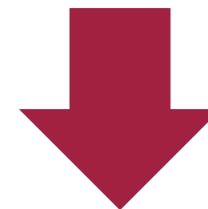
Extravasamento de eritrócitos acarretam na formação de púrpuras, com predileção em membros inferiores, nas extremidades

Definição

Hemorragia petequial decorrente de uma capilarite



Extravasamento de eritrócitos acarretam na formação de púrpuras, com predileção em membros inferiores, nas extremidades



A hemossiderina fagocitada por macrófagos confere a cor marrom-avermelhada em lesões mais antigas

Fisiopatologia



Etiologia

Fisiopatologia

Etiologia



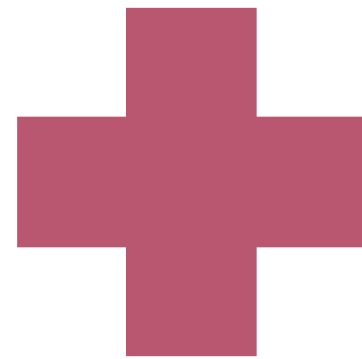
Patogênese

Uma regulação positiva de moléculas de adesão celular, como LFA-1, ICAM-1 em células endoteliais

Fisiopatologia

Patogênese

Uma regulação positiva de moléculas de adesão celular, como LFA-1, ICAM-1 em células endoteliais

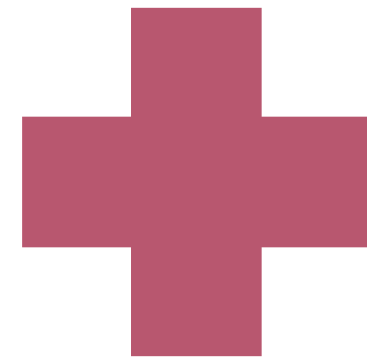


- Atividade física
- Hipertensão venosa
- Fragilidade capilar

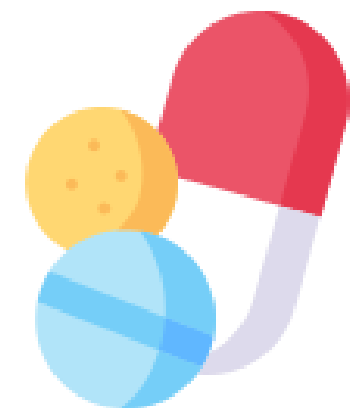
Fisiopatologia

Patogênese

Uma regulação positiva de moléculas de adesão celular, como LFA-1, ICAM-1 em células endoteliais

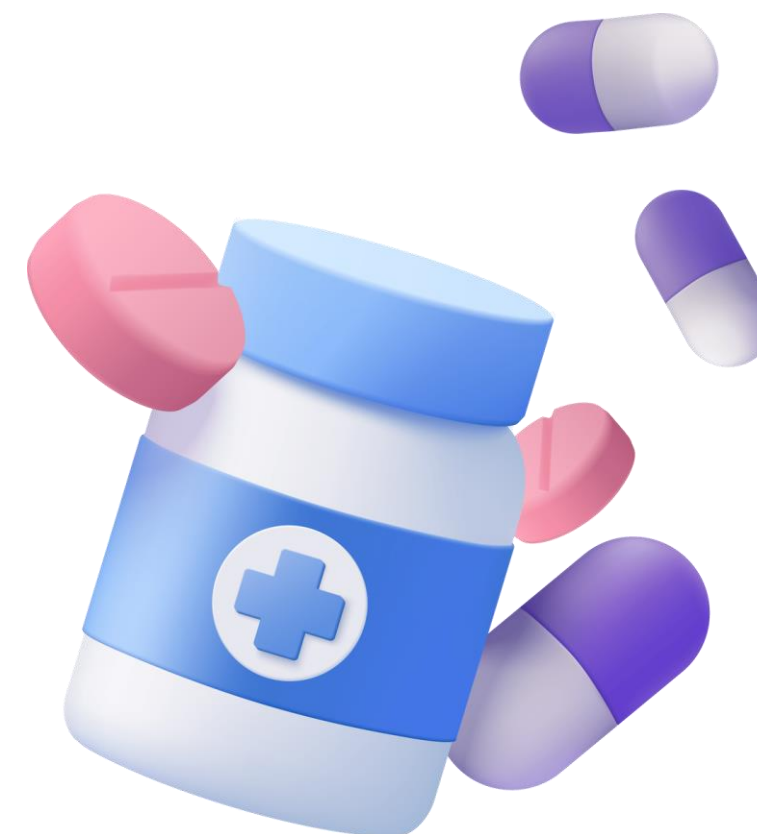
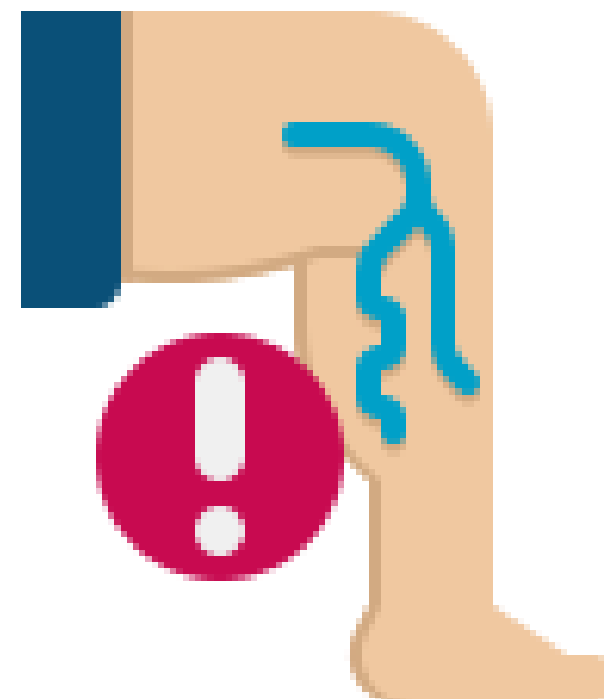
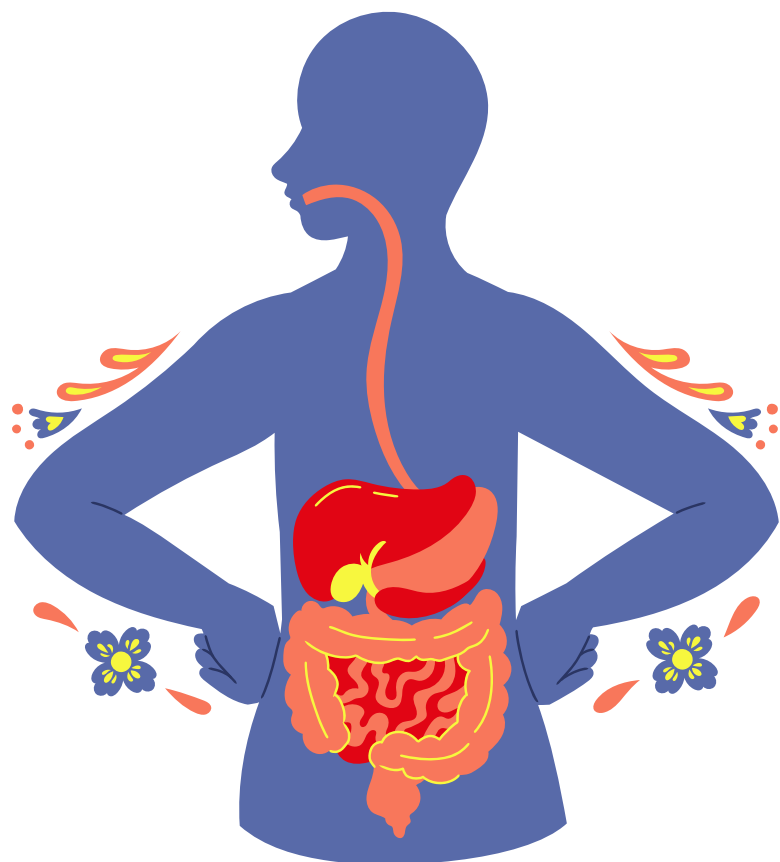


- Atividade física
- Hipertensão venosa
- Fragilidade capilar



Fatores desencadenantes

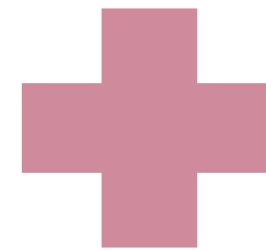
Várias associações na literatura



Tratamento

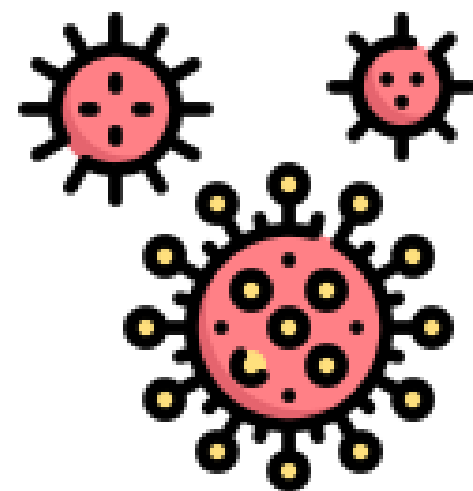


Corticosteroides
tópicos



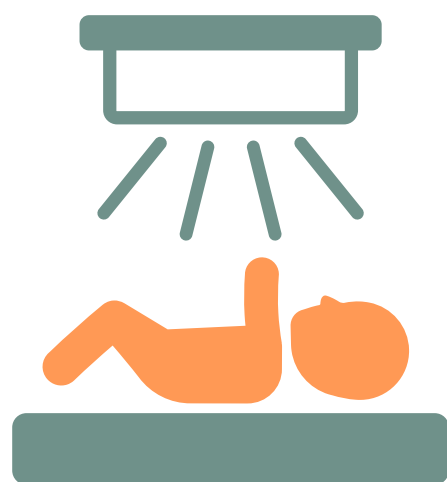
Antihistamínicos

Tratamento

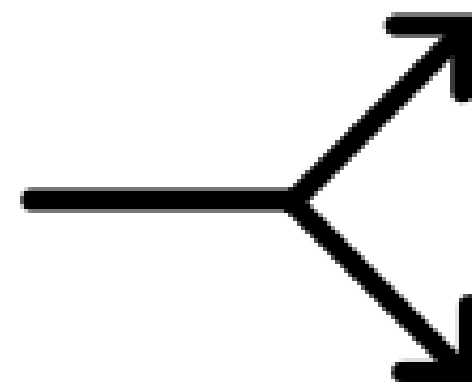


**Tratamento de fatores
desencadeantes**

Tratamento



Fototerapia



UVA

UVB

Outros

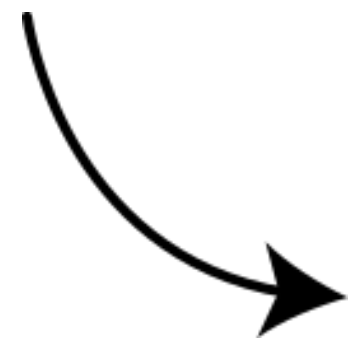
Griseofulvina,
Ciclosporina,
Colchicina,
Flavonoides,
Pentoxifilina
Ácido ascórbico
Ácido tioglicólico

Tratamento

Não há intervenções comprovadamente eficazes na literatura

Tratamento

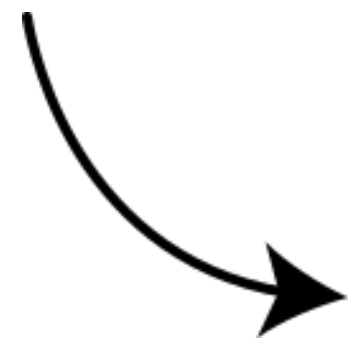
Não há intervenções comprovadamente eficazes na literatura



Resolução
espontânea

Tratamento

Não há intervenções comprovadamente eficazes na literatura



Resolução
espontânea



Recidivas

**Púrpura Eczematoide de Doucas-
Kapetanakis**

Doença de Schamberg

Líquen Aureus

**Púrpura Pigmentar Liquenoide de
Gougerot e Blum**

**Púrpura Anular Telangiectásica de
Majocchi**

LÍQUEN AUREUS

**PÚRPURA DE
GOUGEROT E
BLUM**

Púrpura Eczematoide de Doucas-Kapetanakis

Líquen aureus

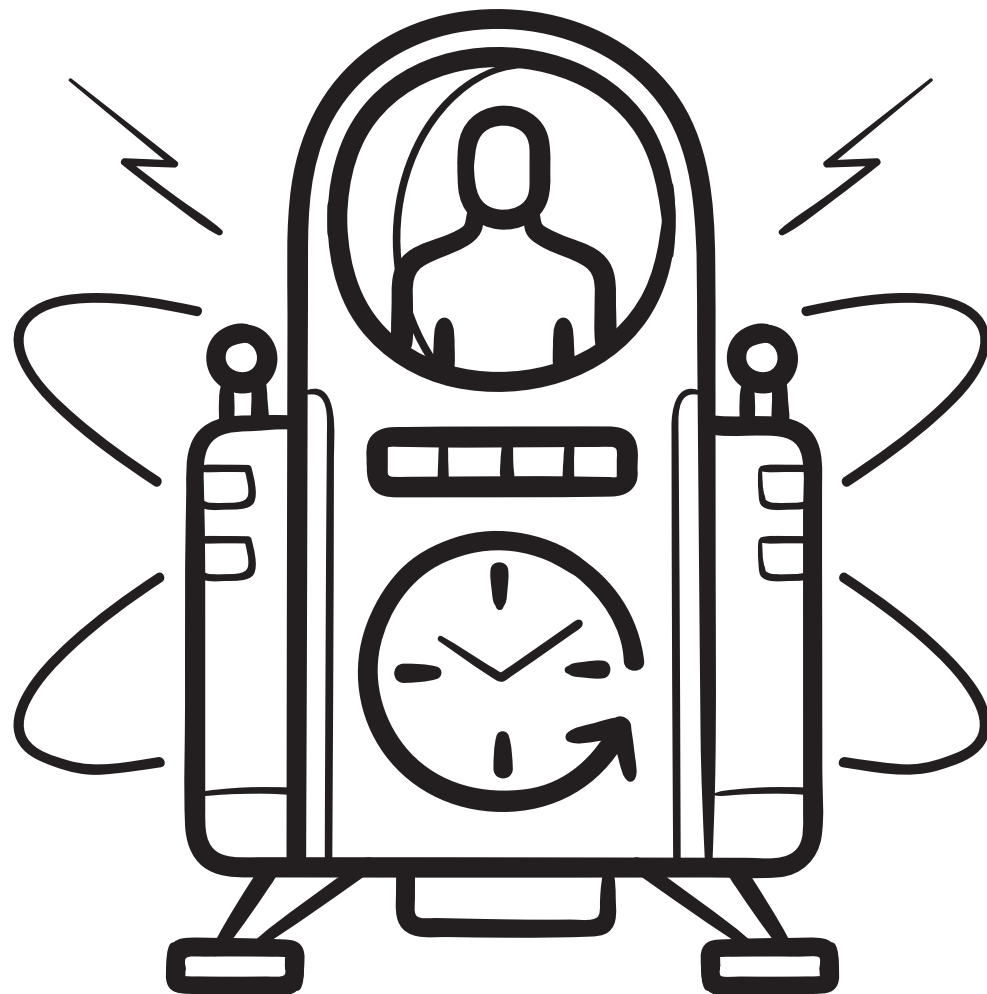
Púrpura Eczematoide de Doucas-Kapetanakis

From the Department of Venereal and Skin Diseases of the Evangelismos Hospital,
Athens, Greece. (Director: *Christopher Doucas*, Associate Professor)

Eczematid-Like Purpura *

By C. DOUCAS and J. KAPETANAKIS

**Um passeio pelo tempo: um relato de 129
casos de Púrpura Eczematoide de Doucas-
Kapetanakis**



Púrpura Eczematoide de Doucas-Kapetanakis

129 pacientes acompanhados e
relatados

Púrpura Eczematoide de Doucas-Kapetanakis

129 pacientes acompanhados e
relatados

semelhantes



Púrpura pigmentar liquenoide
de Gougerot e Blum

Púrpura de Schamberg

Púrpura Eczematoide de Doucas-Kapetanakis

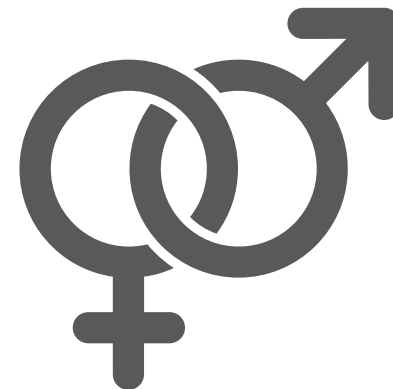
129 pacientes acompanhados e
relatados

semelhantes



Púrpura pigmentar liquenoide
de Gougerot e Blum

Púrpura de Schamberg



Púrpura Eczematoide de Doucas-Kapetanakis

129 pacientes acompanhados e
relatados

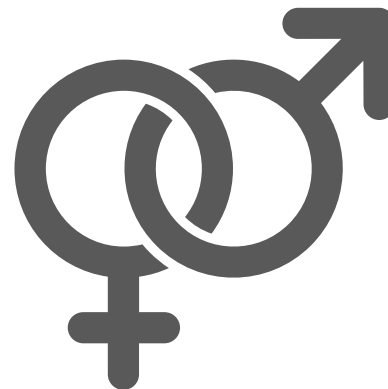
semelhantes



Púrpura pigmentar liquenoide
de Gougerot e Blum

Púrpura de Schamberg

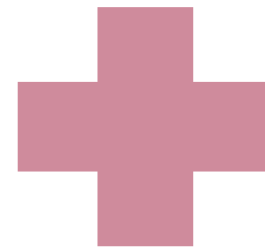
Crônico e
recidivante



Púrpura Eczematoide de Doucas-Kapetanakis

Histopatologia

**Histologia de quadros
eczematoides**

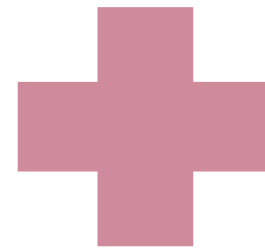


**Histologia de púrpura
pigmentar**

Púrpura Eczematoide de Doucas-Kapetanakis

Histopatologia

**Histologia de quadros
eczematoides**



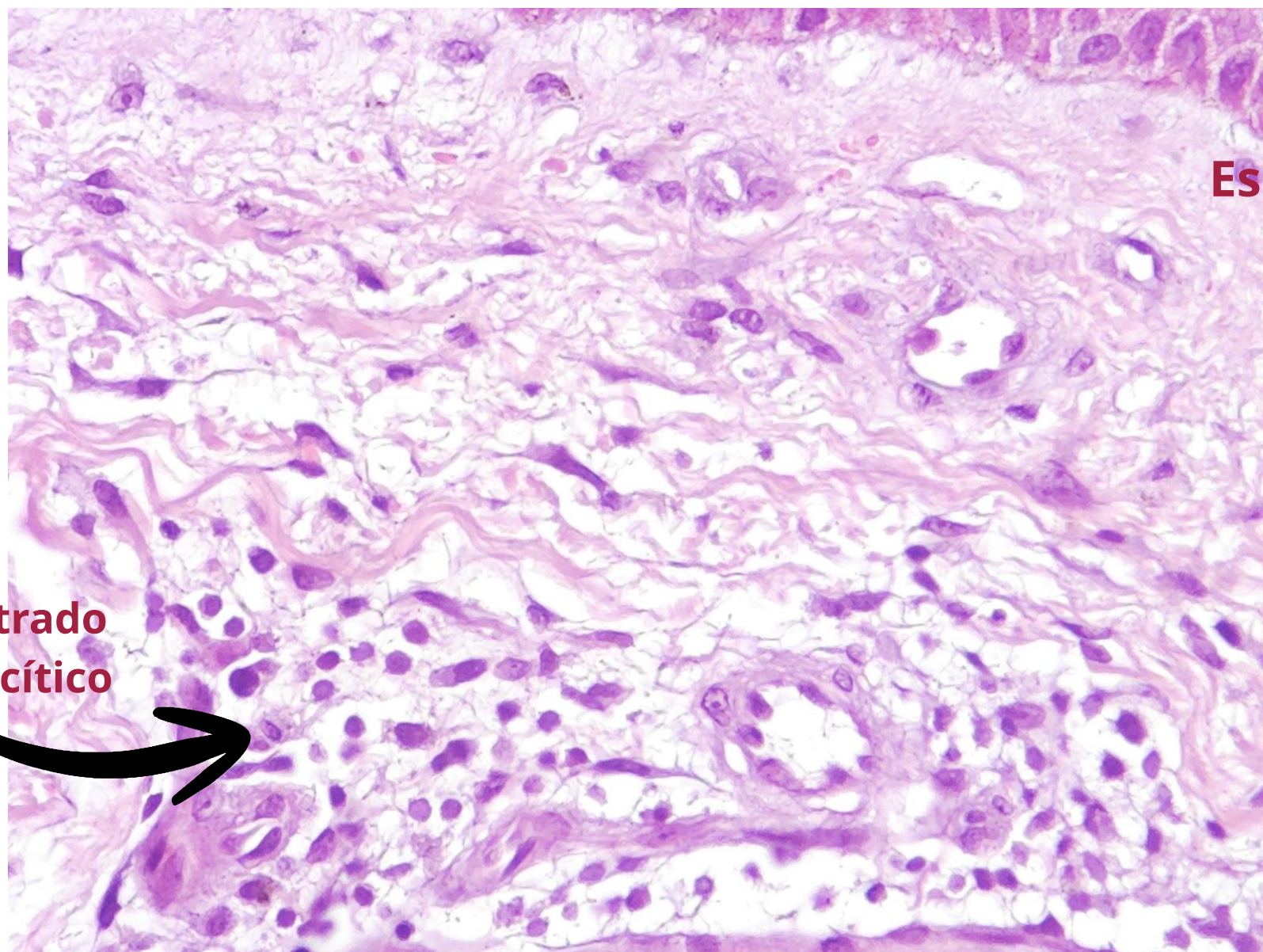
**Histologia de púrpura
pigmentar**



**Púrpura semelhante à
eczema**

Púrpura Eczematoide de Doucas-Kapetanakis

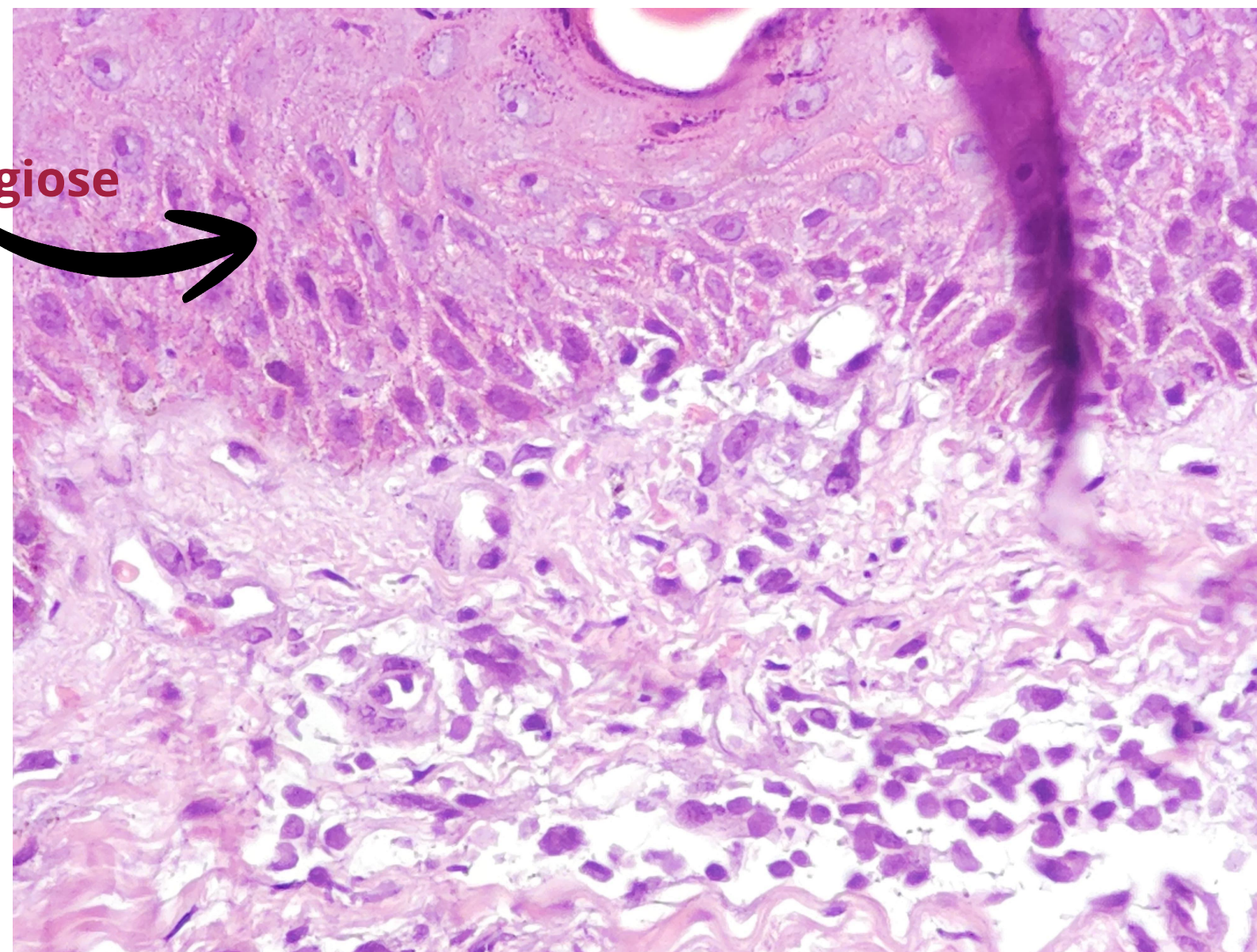
Histopatologia



Infiltrado
linfocítico

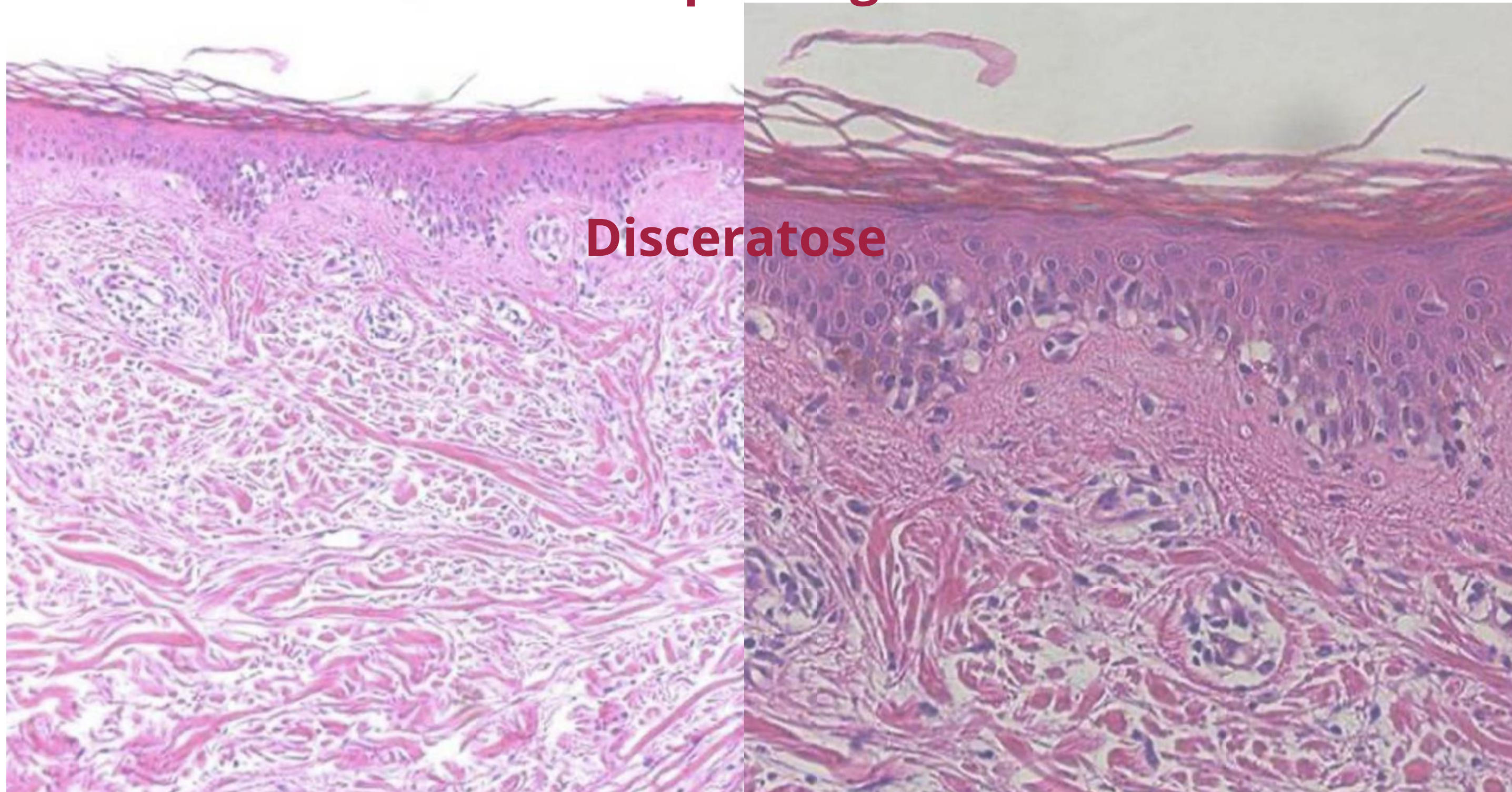


Espongiose



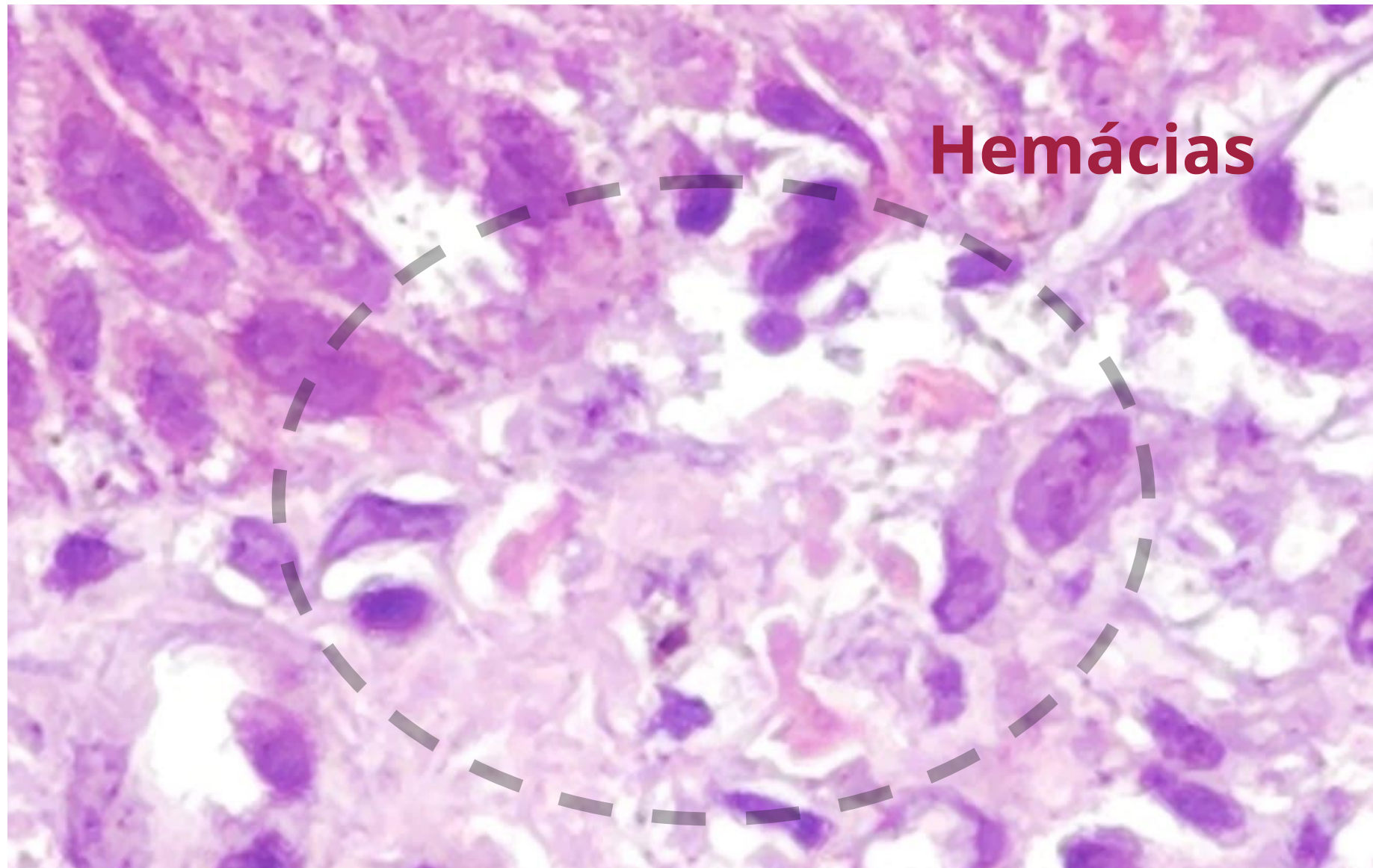
Púrpura Eczematoide de Doucas-Kapetanakis

Histopatologia



Púrpura Eczematoide de Doucas-Kapetanakis

Histopatologia



Outros

Acantose
hiperceratose e
paraqueratose

Púrpura Eczematoide de Doucas-Kapetanakis



Doucas et al. Br J Dermatol, 1953.

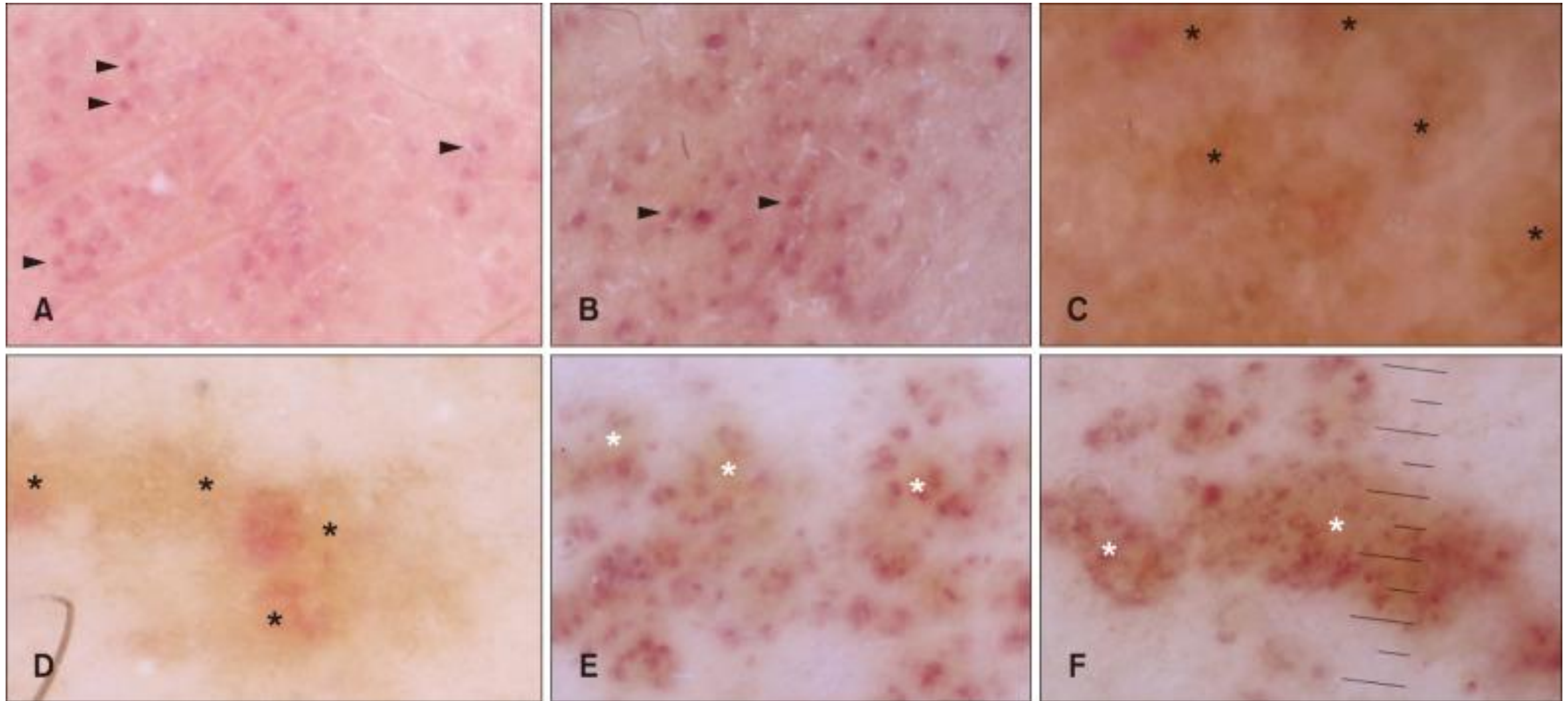
Púrpura Eczematoide de Doucas-Kapetanakis: outros relatos



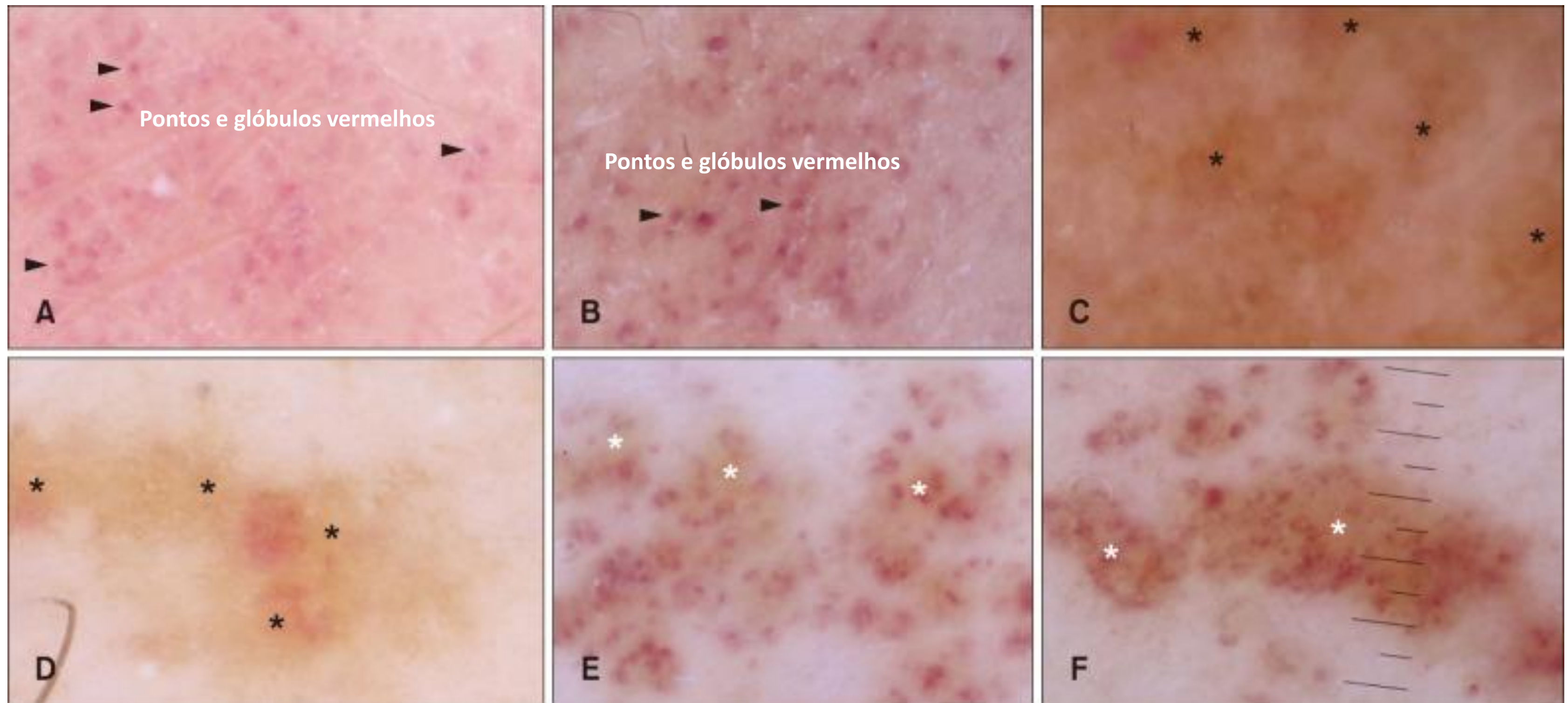
Kim et al. Dermoscopic Findings in PPD, 2021

Kim DH et al. Ann Dermatol. 2015

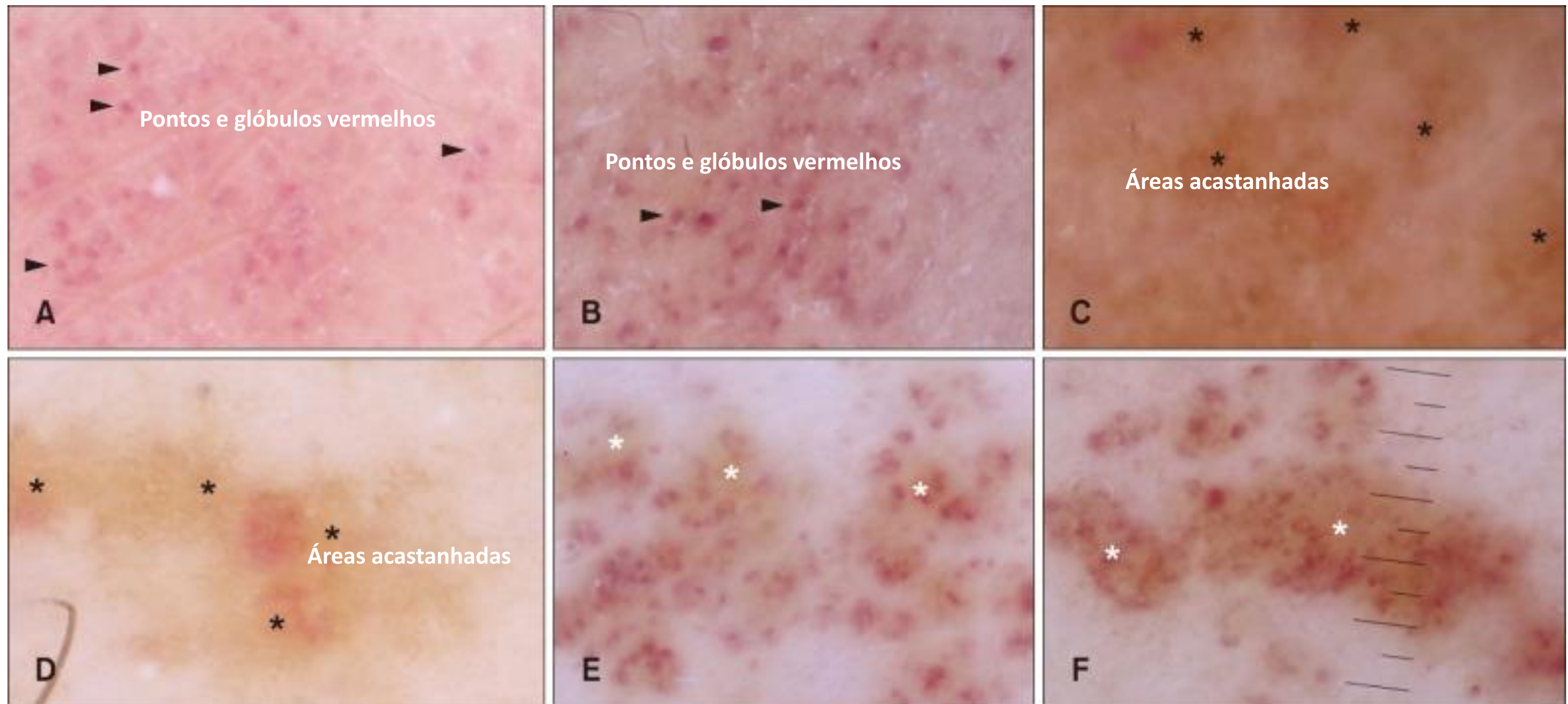
Dermatoscopia



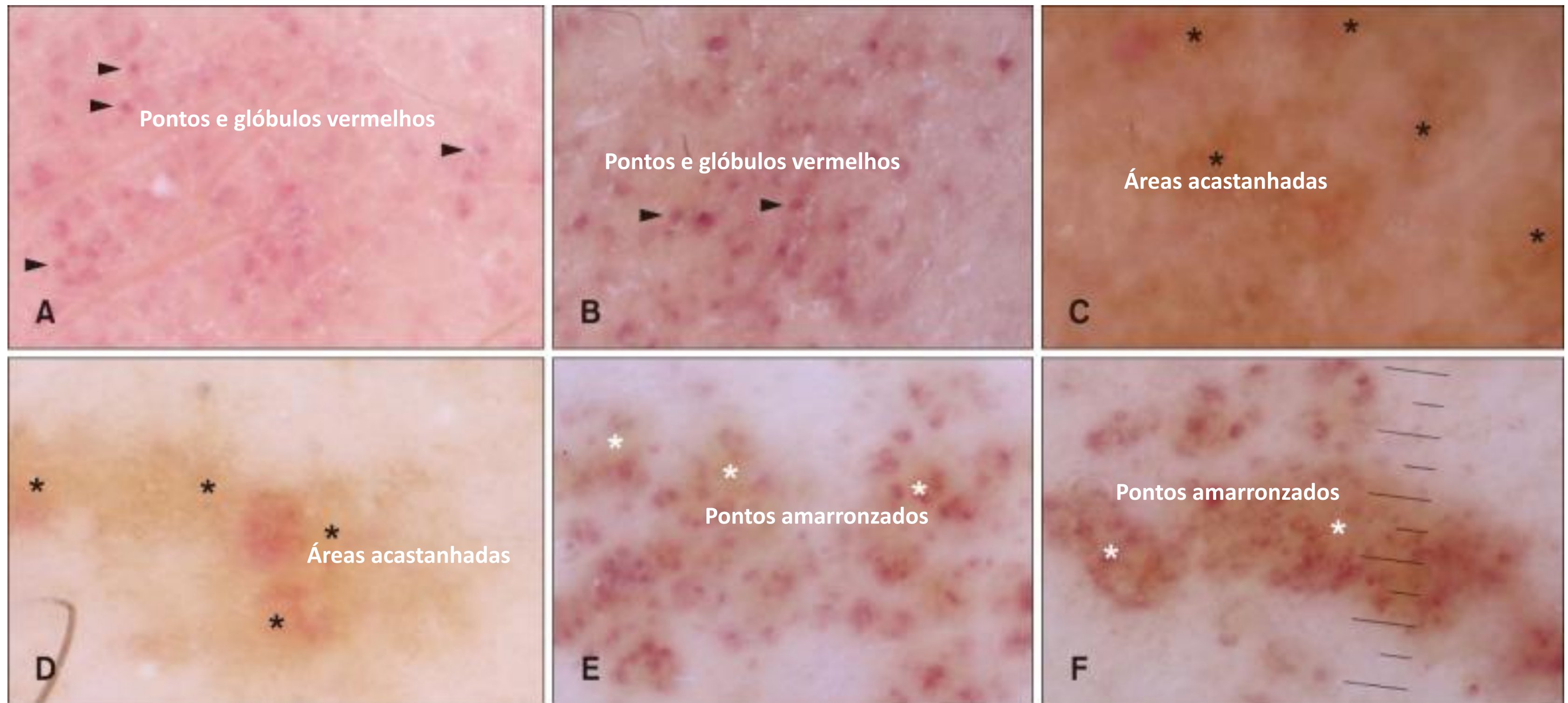
Dermatoscopia



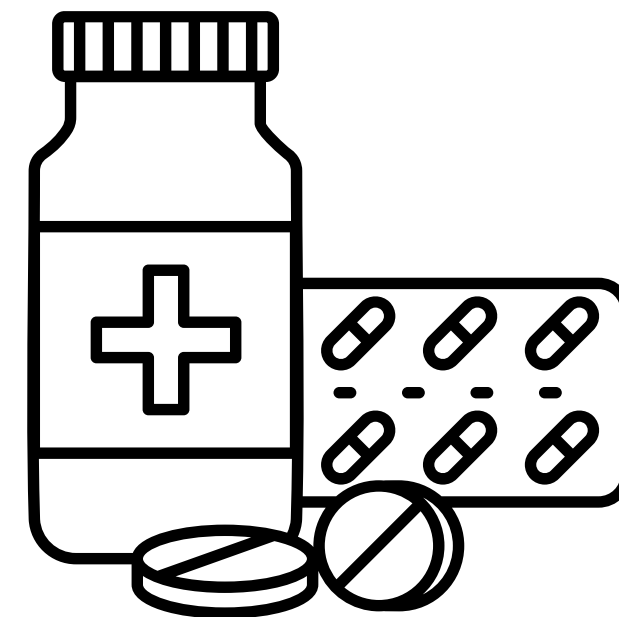
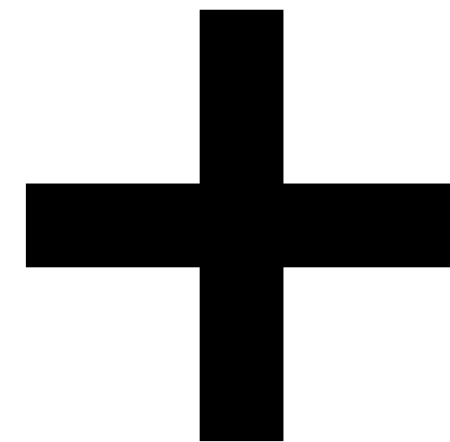
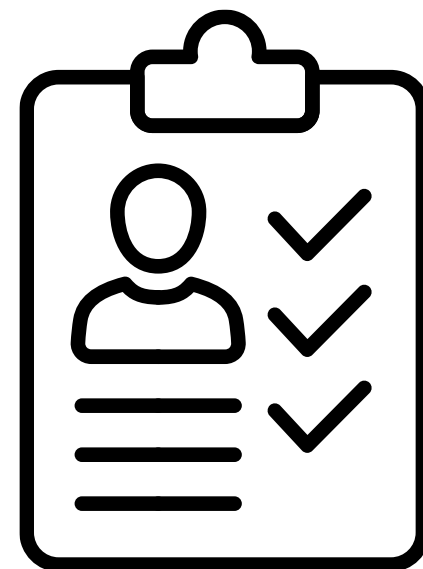
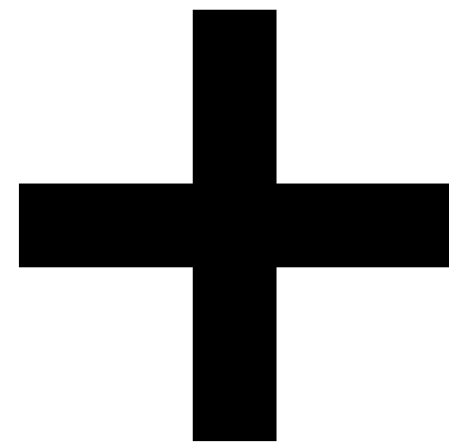
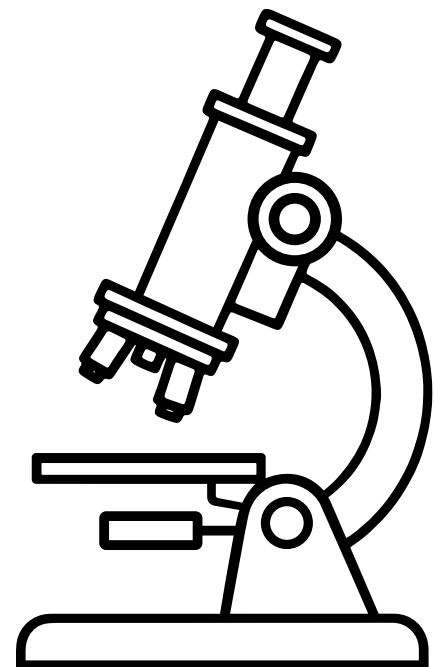
Dermatoscopia



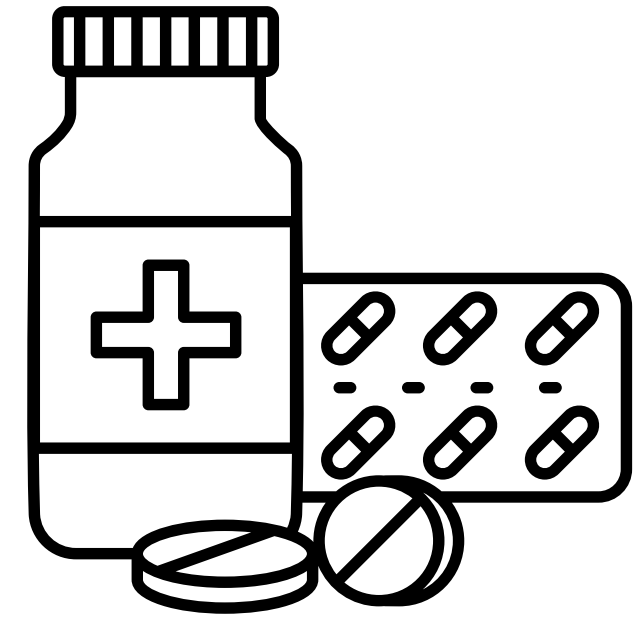
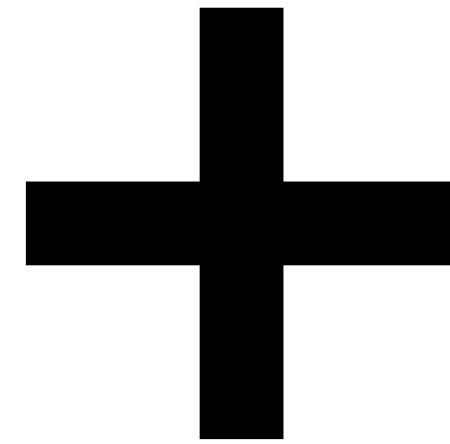
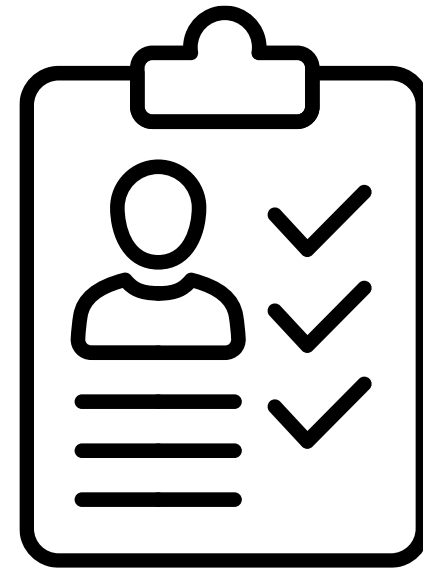
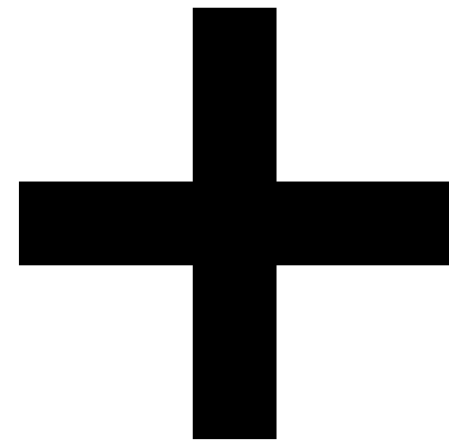
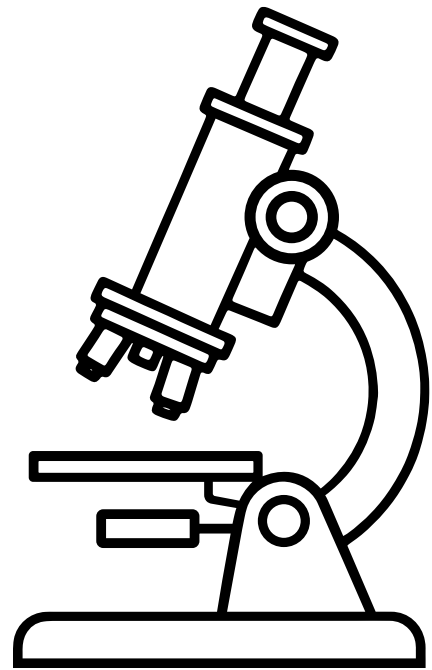
Dermatoscopia



Voltando ao caso



Voltando ao caso



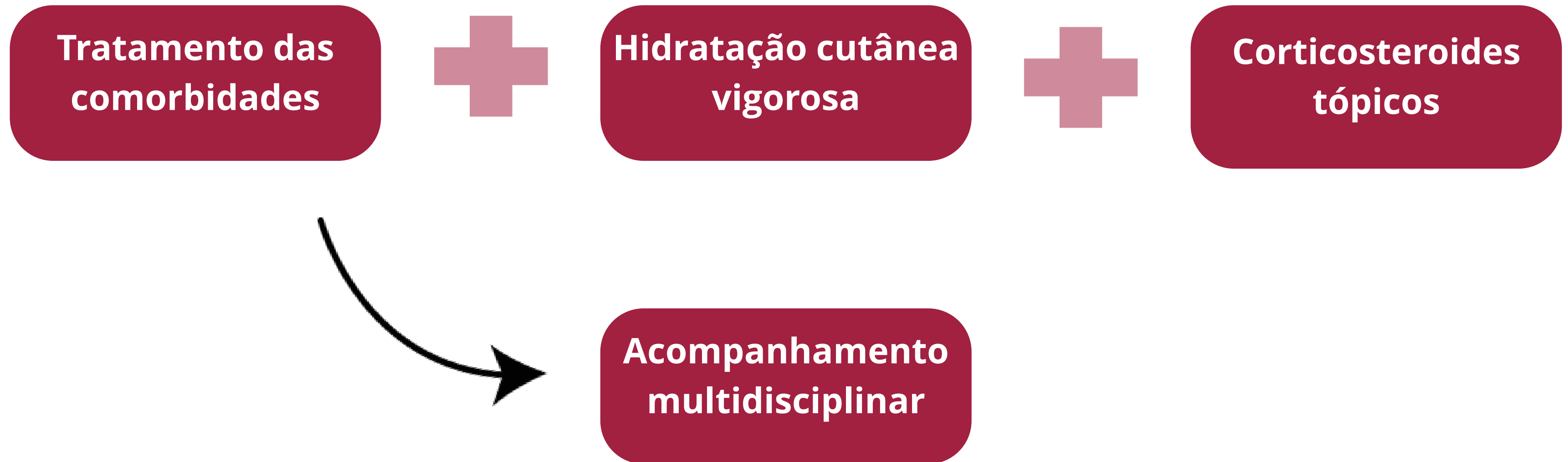
Púrpura Eczematoide de Doucas-Kapetanakis

Teste de contato

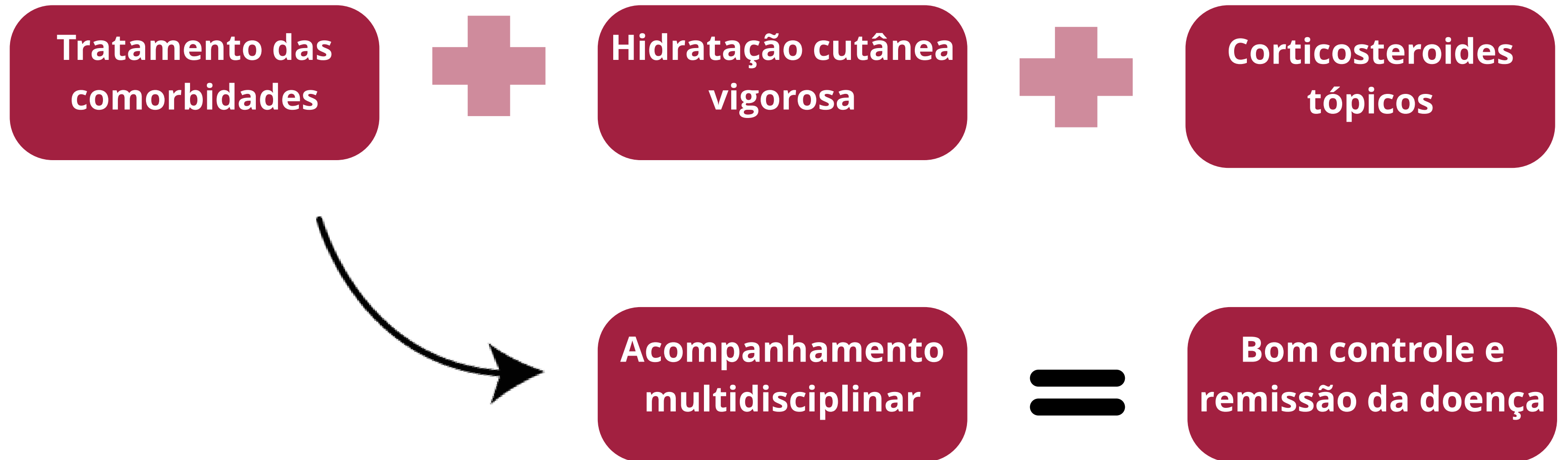


**Negativo na paleta
Latino Americana
testada para 40
substâncias**

Manejo clínico



Manejo clínico





Motivos da apresentação

- **Apresentar um caso de dermatose purpúrica pigmentar raro e exuberante com boa resposta terapêutica**
- **Reforçar a importância de abranger o paciente como um todo**

Referências

1. Kim KE, Moon HR, Ryu HJ. Dermoscopic Findings and the Clinicopathologic Correlation of Pigmented Purpuric Dermatoses: A Retrospective Review of 60 Cases. *Ann Dermatol*. 2021 Jun;33(3):214-221. doi: 10.5021/ad.2021.33.3.214. Epub 2021 May 4. PMID: 34079180; PMCID: PMC8137322.
2. Olaymat L, Hall MR. Pigmented Purpuric Dermatoses. [Updated 2023 Apr 17]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2026 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK519562/>
3. Agrawal I, Ray A, Kar BR. 10% Thioglycolic Acid Peel in the Treatment of Pigmented Purpuric Dermatoses: A Pilot Study. *J Cutan Aesthet Surg*. 2022 Jul-Sep;15(3):310-314. doi: 10.4103/JCAS.JCAS_91_21. PMID: 36561397; PMCID: PMC9764954.
4. DOUCAS C, KAPETANAKIS J. Eczematid-like purpura. *Dermatologica*. 1953;106(2):86-95. doi: 10.1159/000256830. PMID: 13060054.
5. Kimak A, Żebrowska A. Therapeutic Approach in Pigmented Purpuric Dermatoses-A Scoping Review. *Int J Mol Sci*. 2024 Feb 24;25(5):2644. doi: 10.3390/ijms25052644. PMID: 38473891; PMCID: PMC10932383.
6. Zalaudek I, Ferrara G, Brongio S, Giorgio CM, Argenziano G. Atypische klinische Manifestation einer Pigmentpurpura [Atypical clinical presentation of pigmented purpuric dermatosis]. *J Dtsch Dermatol Ges*. 2006 Feb;4(2):138-40. German. doi: 10.1111/j.1610-0387.2005.05881.x. PMID: 16503941.
7. Tchernev G, Temelkova I. Drug-induced eczematid-like purpura of Doucas-Kapetanakis. *J Biol Regul Homeost Agents*. 2019 Jul-Aug;33(4):1241-1242. PMID: 31250616.
8. Vedak P, Nazarian RM, Kroshinsky D. A case of eczematid-like purpura of Doucas and Kapetanakis in a child. *Pediatr Dermatol*. 2015 Mar-Apr;32(2):291-2. doi: 10.1111/pde.12507. Epub 2015 Jan 30. PMID: 25641544.
9. Karadag AS, Bilgili SG, Onder S, Calka O. Two cases of eczematid-like purpura of Doucas and Kapetanakis responsive to narrow band ultraviolet B treatment. *Photodermatol Photoimmunol Photomed*. 2013 Apr;29(2):97-9. doi: 10.1111/phpp.12028. PMID: 23458394.
10. Metin MS, Elmas ÖF. Dermoscopic profile of pigmented purpuric dermatosis: new observations. *Postepy Dermatol Alergol*. 2019 Dec;36(6):687-691. doi: 10.5114/ada.2019.91419. Epub 2019 Dec 30. PMID: 31997996; PMCID: PMC6986287.

OBRIGADO



**SERVIÇO DE DERMATOLOGIA DO
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BONSUCESSO
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