



Hospital Universitário Gaffrée e Guinle
Universidade Federal do Estado do Rio de Janeiro

Nódulos cutâneos dolorosos: relato de dois casos

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RELATO DO 1º CASO

ID: Sexo feminino, 24 anos, procedente do Rio de Janeiro – RJ.

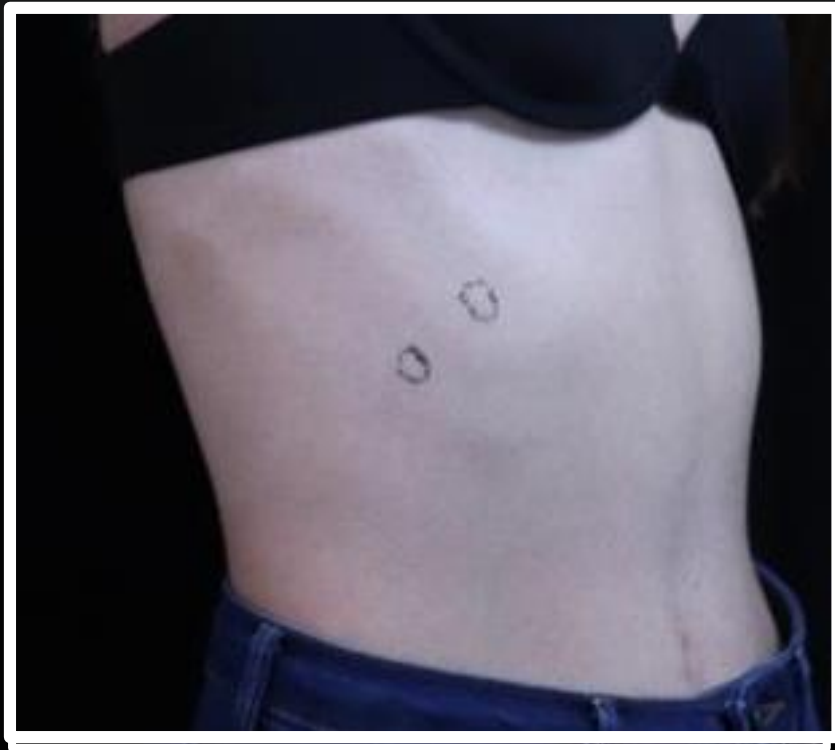
QP: “Caroços com dor”

HDA: Refere surgimento de quatro lesões nodulares, dolorosas, há um ano, na região interescapular e região intercostal bilateralmente.

HPP: Vitiligo e tireoidite de Hashimoto.

HF: NDN.

CASO 1 – EXAME FÍSICO



RELATO DO 2º CASO

ID: Sexo feminino, 32 anos, procedente do Rio de Janeiro –RJ.

QP: “Caroços com muita dor no rosto”

HDA: Refere surgimento há sete anos de quatro lesões nodulares com dor de forte intensidade, localizadas no supercílio e regiões retroauricular e mandibular à direita. Fez uso de diversos analgésicos, inclusive opióides, sem controle da dor, desenvolvendo um quadro depressivo e ideação suicida.

HPP: NDN.

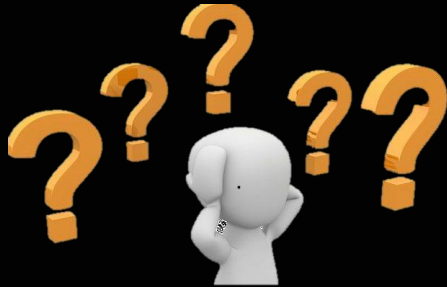
HF: NDN.

CASO 2 – EXAME FÍSICO



HIPÓTESES DIAGNÓSTICAS

- Cistos
- Lipomas
- Tumores dolorosos:
 - Espiradenoma écrino
 - Neurilemoma (Schwannoma)
 - Glômico (tumor glômico)
 - Leiomioma
 - Angiolipoma
 - Neuroma
 - Dermatofibroma

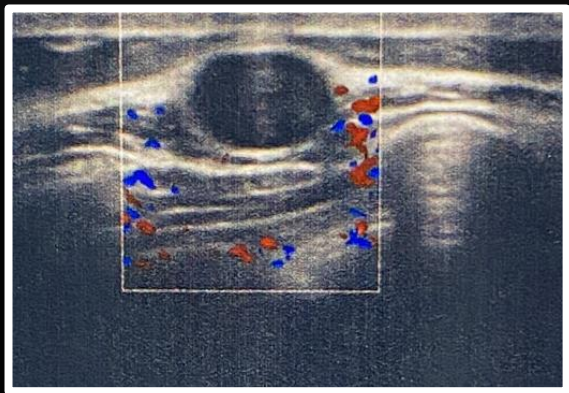




ULTRASSONOGRAFIA DE PARTES MOLES

Caso 1

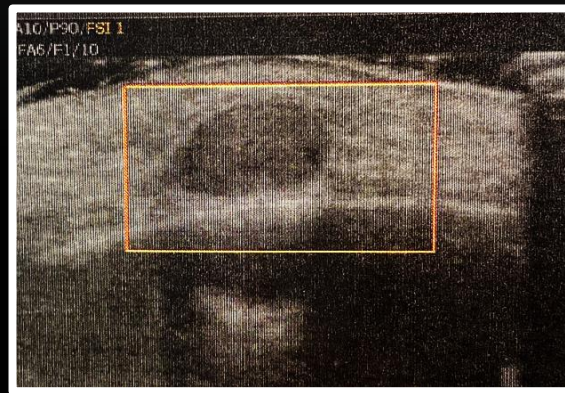
Intercostal esquerda



Imagens nodulares hipoecóicas, de contornos regulares, não podendo ser descartado cisto epidérmico

Caso 2

Supercílio direito



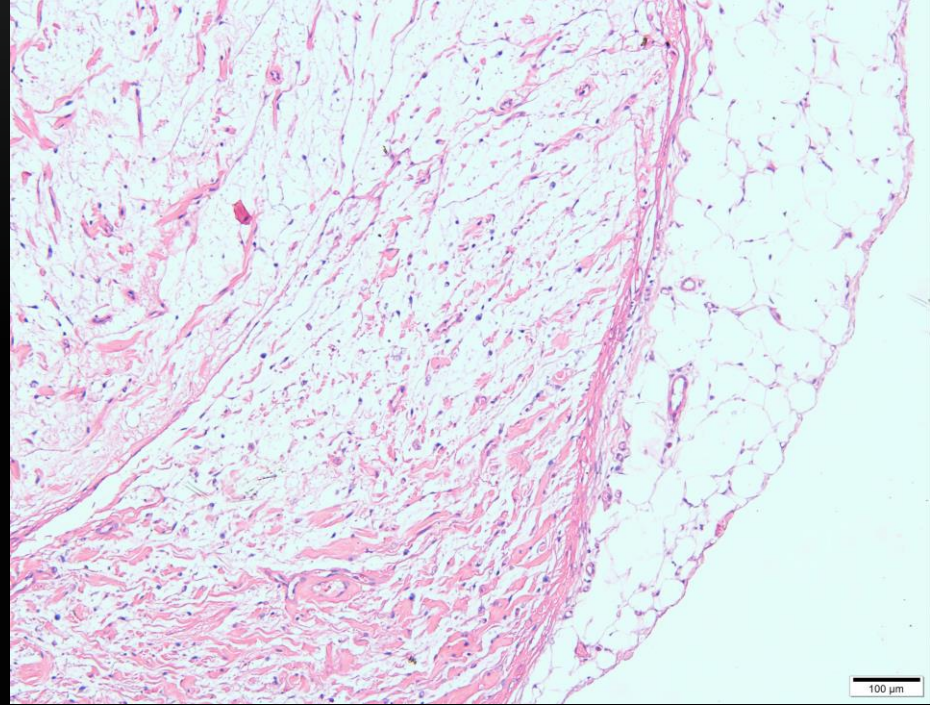
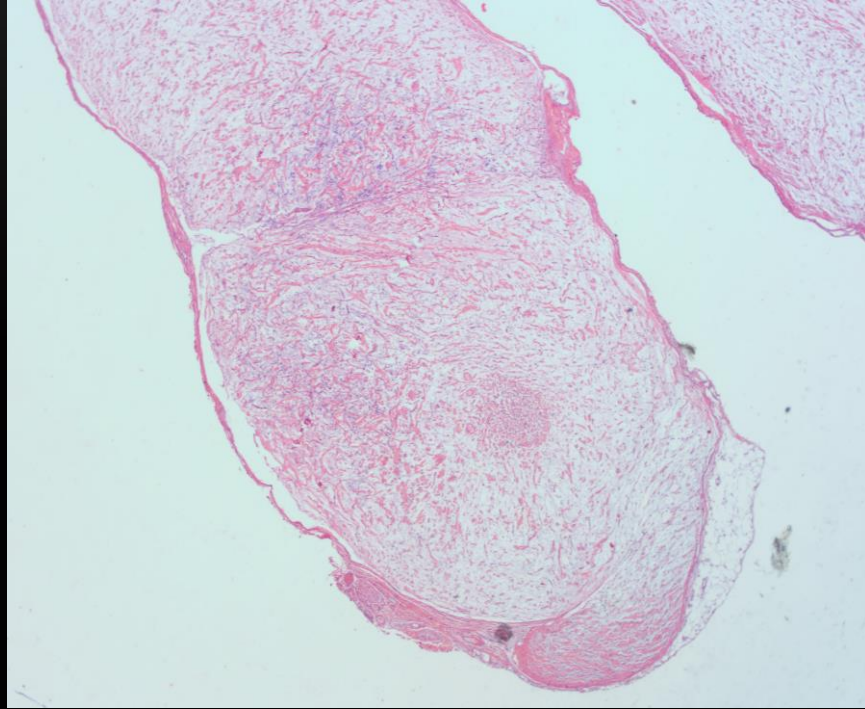
Imagens nodulares hipoecóicas, heterogêneas, sem fluxo ao doppler, sugestivas de cistos epidérmicos



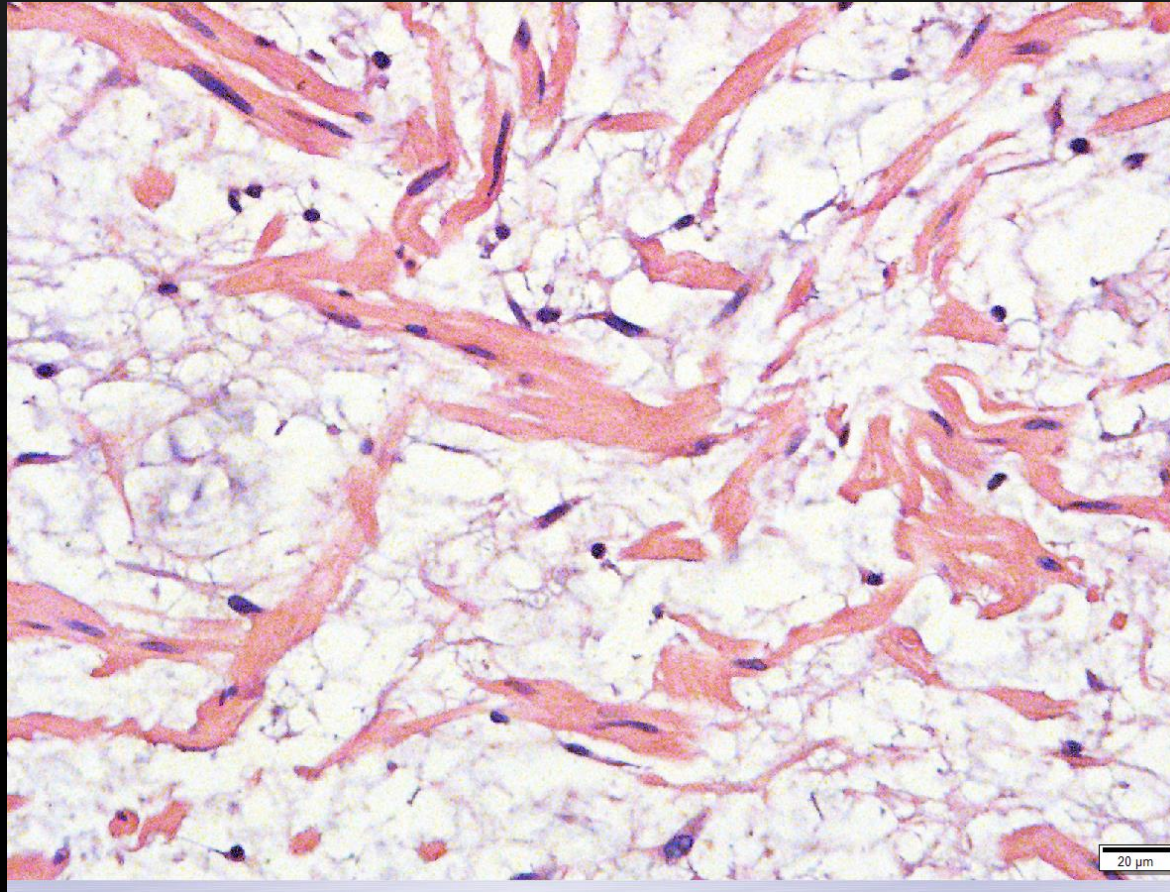
28/03/2022



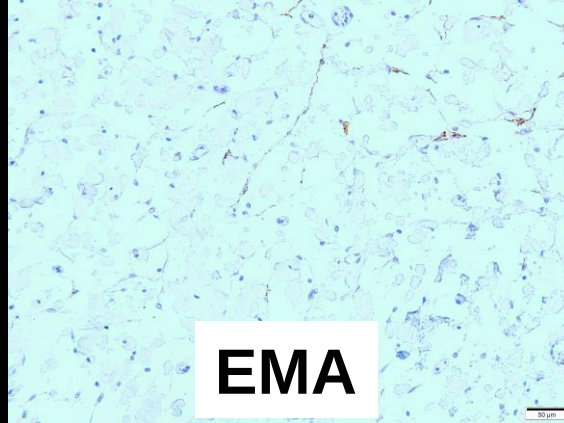
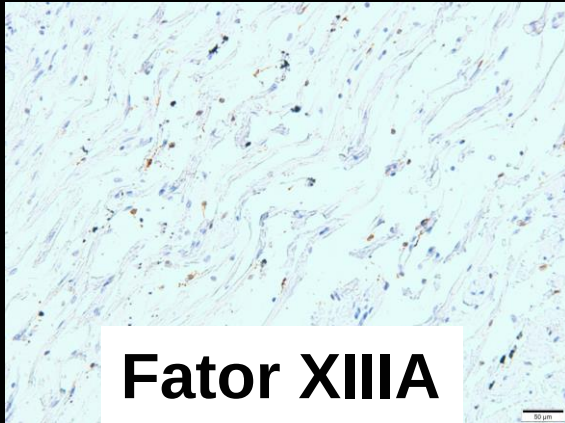
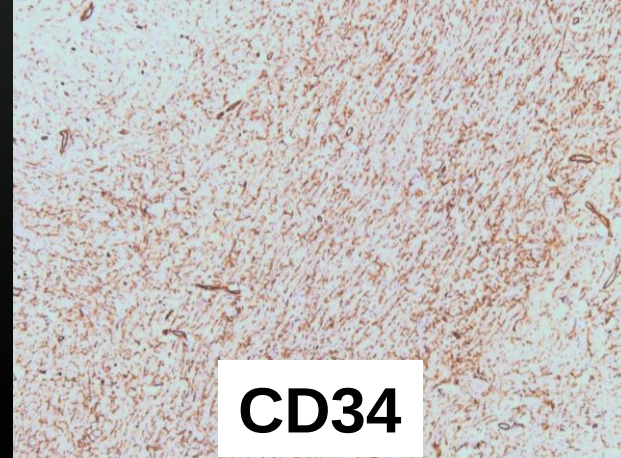
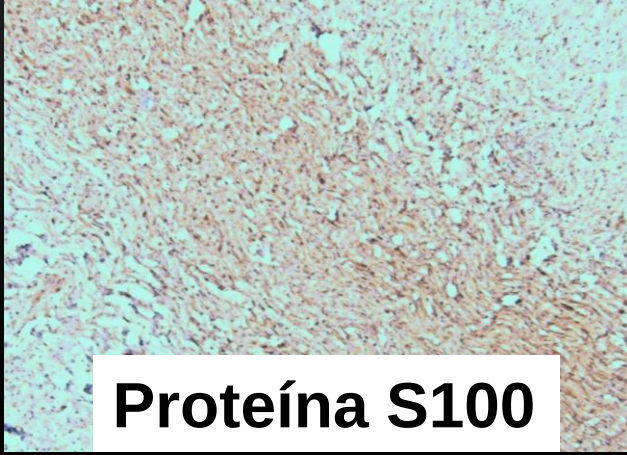
EXAME HISTOPATOLÓGICO – CASO 1



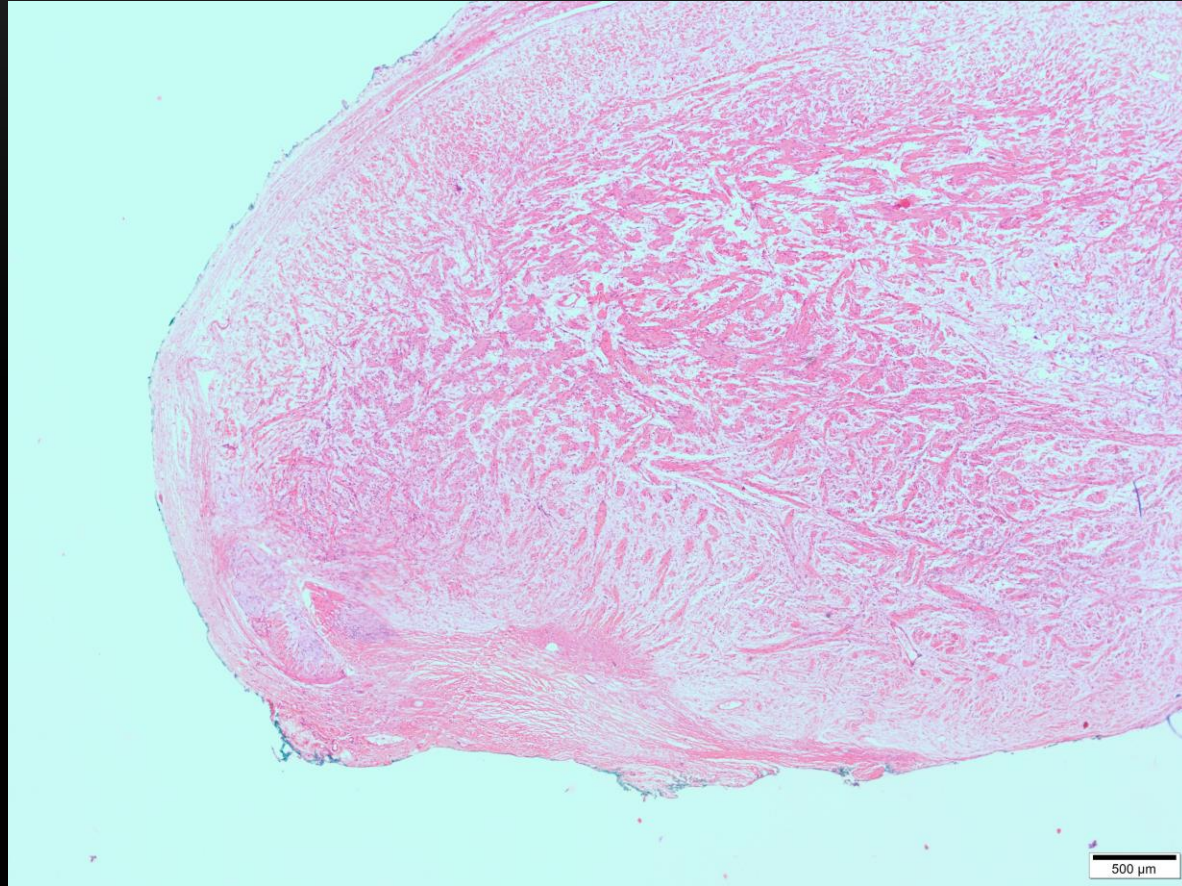
EXAME HISTOPATOLÓGICO – CASO 1



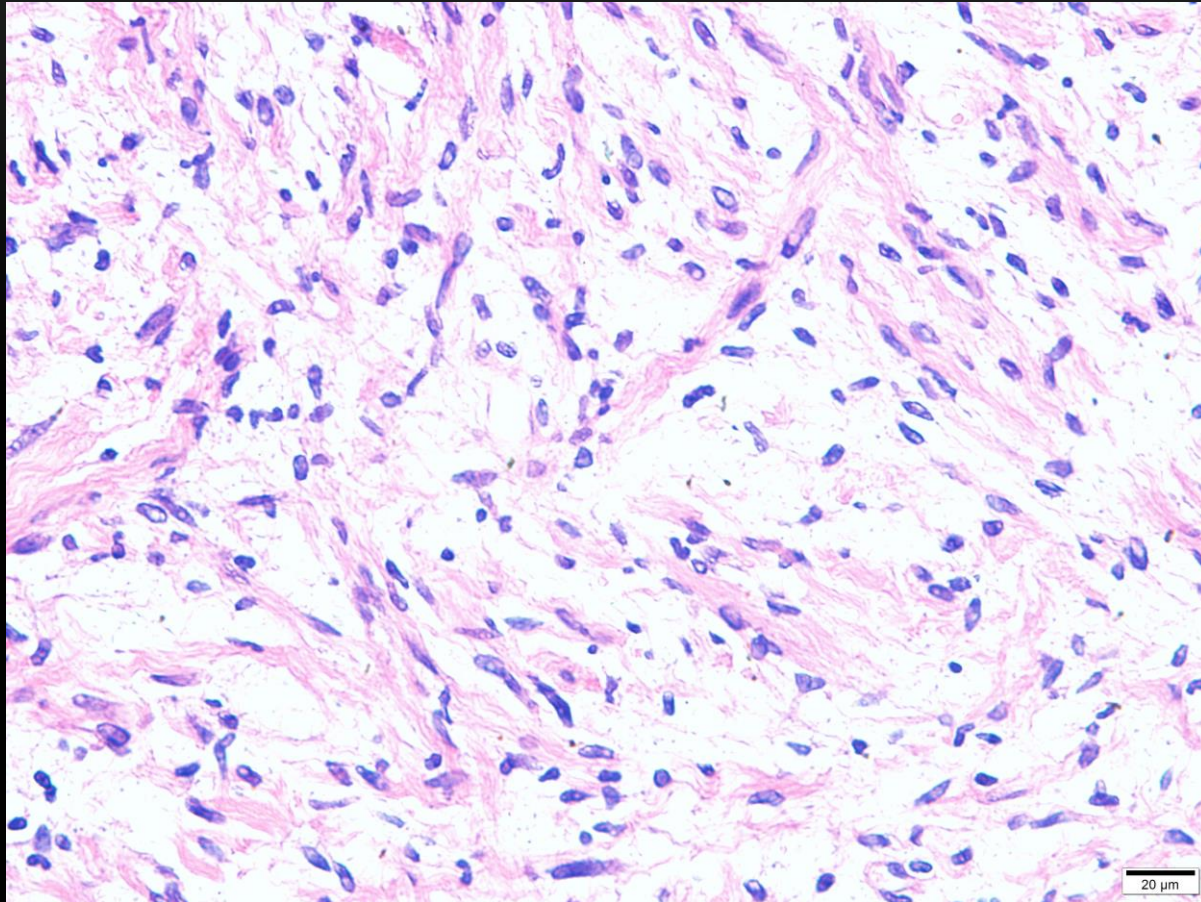
PAINEL IMUNOHISTOQUÍMICO – CASO 1



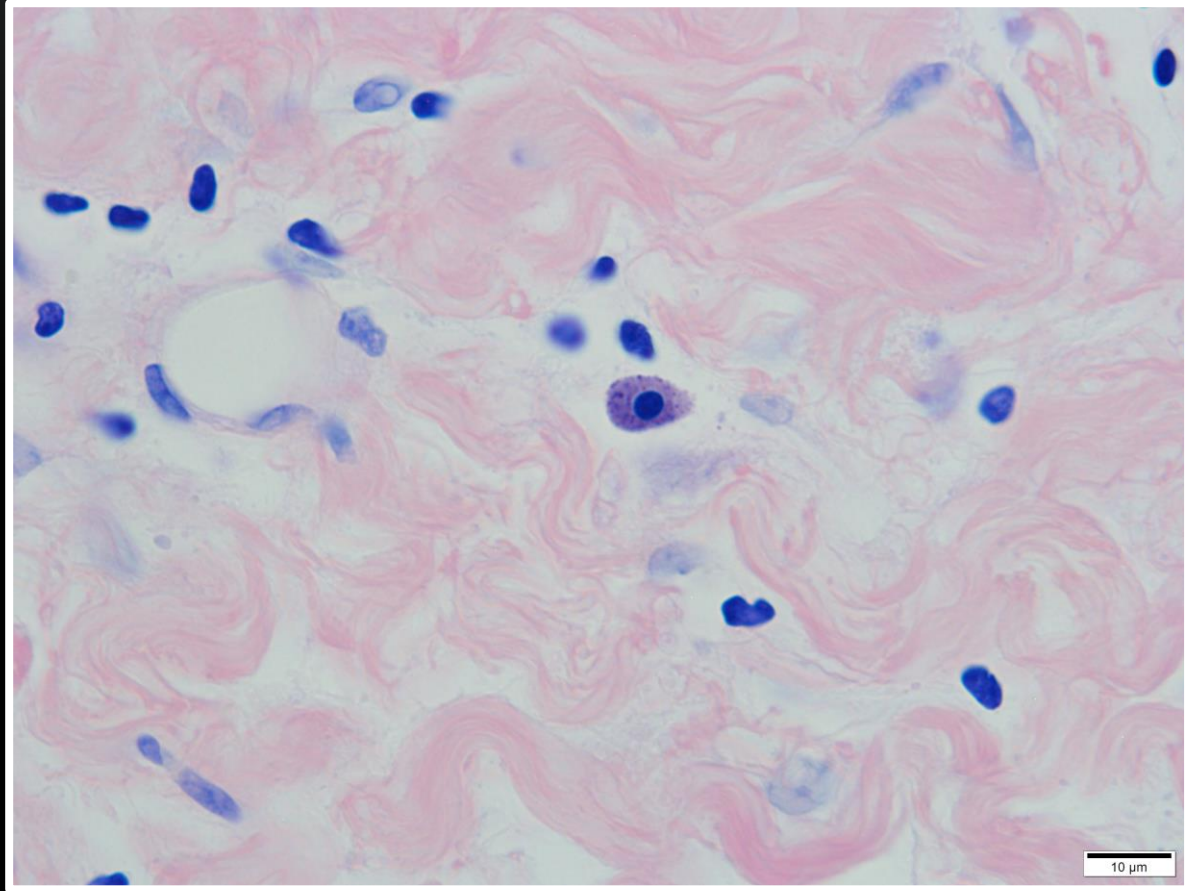
EXAME HISTOPATOLÓGICO – CASO 2



EXAME HISTOPATOLÓGICO – CASO 2

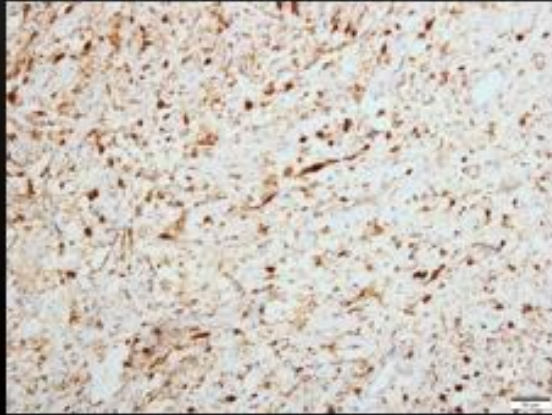


EXAME HISTOPATOLÓGICO – CASO 2

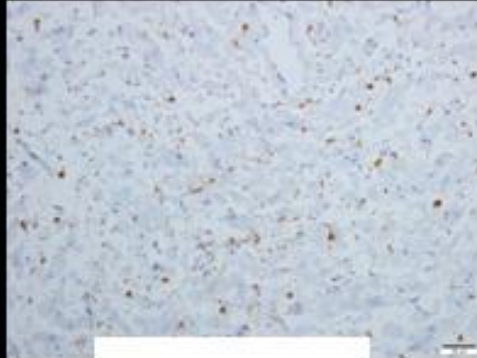
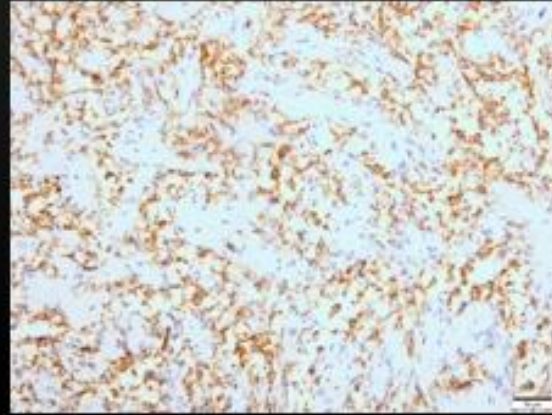


PAINEL IMUNOHISTOQUÍMICO – CASO 2

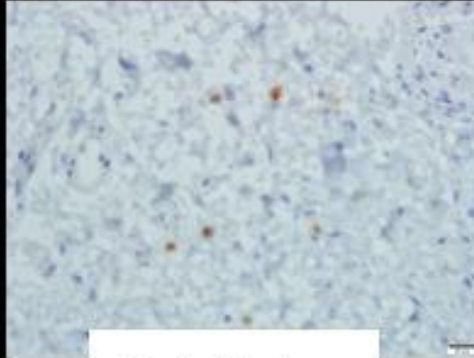
Proteína S-100



CD4



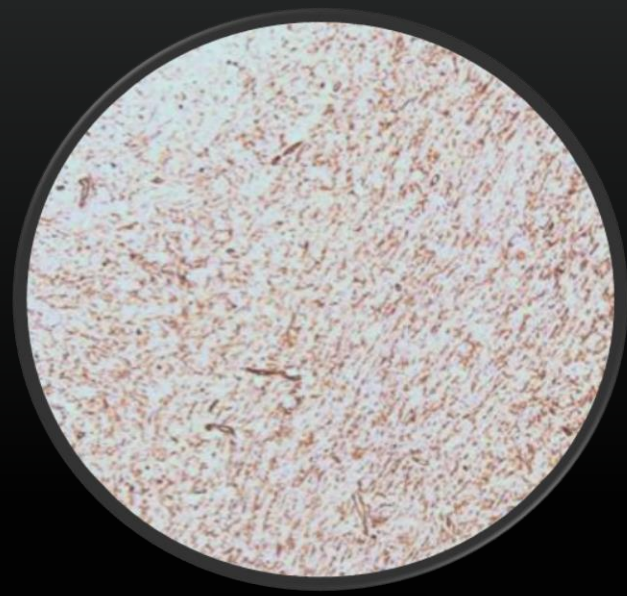
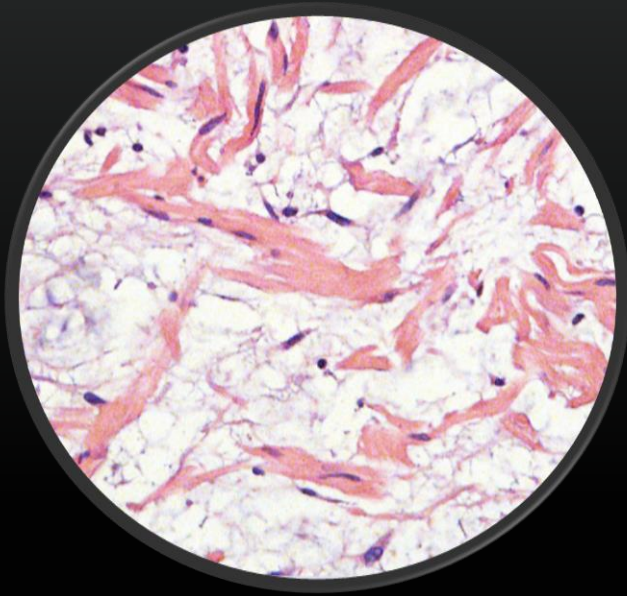
Fator XIIIa



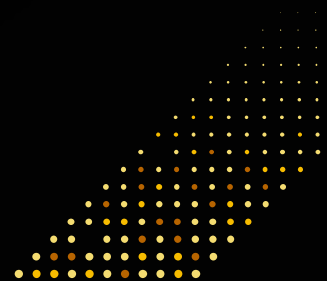
Calretinina



EMA

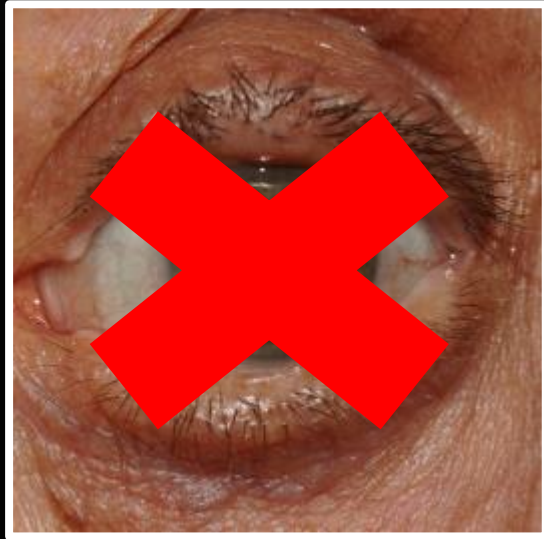


DIAGNÓSTICO:
NEUROFIBROMAS

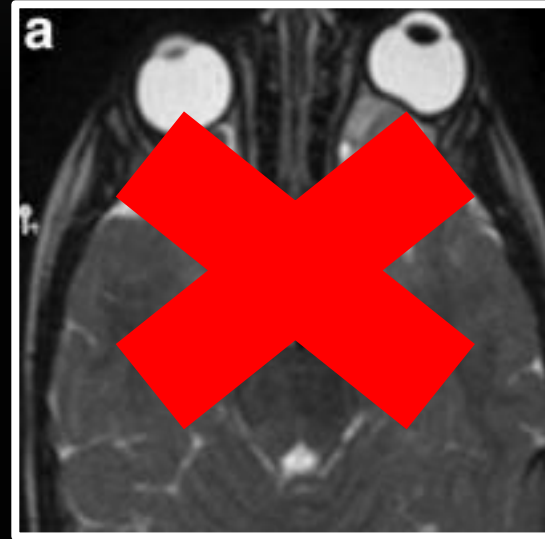


OFTALMOLOGIA E GENÉTICA

Ausência de achados para Neurofibromatose



Fonte: Actas Dermo-Sifilográficas, 2022



Fonte: Child's Nervous System, 2020

DISCUSSÃO

- ✓ Neurofibromas são os tumores da bainha neural periférica mais comuns.
- ✓ Aproximadamente 90% dos casos ocorrem esporadicamente enquanto o restante está associado a Neurofibromatose do tipo 1 ou 2.
- ✓ São compostos de células de Schwann, fibroblastos, células perineuriais e mastócitos em um estroma mixoide.
- ✓ Manifestam-se como pápulas de consistência amolecida da cor da pele ou como pequenos nódulos subcutâneos (como nos nossos casos)



TUMORES CUTÂNEOS DOLOROSOS

“ENGLAND”

“LEND AN EGG”

“BLEND TAN EGG”

Painful tumors of the skin: “LEND AN EGG”

Douglas N. Naversen, MD,^a David M. Trask, MD,^a Frank H. Watson, MD,^b and
John M. Burket, MD^c *Medford and Portland, Oregon*

Journal of the American Academy of Dermatology
February 1993

Painful tumors of the skin – from
ENGLAND to LEND AN EGG to BLEND
TAN EGG

March-April 2019

Indian Journal of Dermatology, Venereology and Leprology

“CALM HOG FLED PEN AND GETS BACK”

Clinical, Cosmetic and Investigational Dermatology

Dovepress

open access to scientific and medical research

Painful tumors of the skin: “CALM HOG FLED
PEN AND GETS BACK”

2019:12



DISCUSSÃO

Clinical, Cosmetic and Investigational Dermatology

Dovepress

open access to scientific and medical research

 Open Access Full Text Article

REVIEW

Painful tumors of the skin: “CALM HOG FLED PEN AND GETS BACK”

Table 1 Acronym for painful tumors of the skin: CALM HOG FLED PEN AND GETS BACK

Painful skin tumor	References
Calcinosis cutis	7
Angioendotheliomatosis	16
Leiomyoma	1,2
Metastases	14
Hidradenoma	10
Osteoma cutis	8
Glomus tumor	1,2
Fibromyxoma	11
Leiomyosarcoma	15
Eccrine angiomatous hamartoma	9

Dercum's disease	4
Piezogenic pedal papule	5
Eccrine spiradenoma	1,2
Neurilemmoma	1,2
Angiolipoma	1,2
Neuroma	1,2
Dermatofibroma	1,2
Granular cell tumor	1,2
Endometriosis	1,2
Thrombus	18,19
Scar	13
Blue rubber bleb nevus	2,17
Angioma	2,3
Chondrodermatitis nodularis helices	6
Keloid	12

MOTIVOS DA APRESENTAÇÃO

- Diagnóstico simultâneo de dois casos de um tipo menos comum de neurofibroma
- Discutir os acrônimos de tumores cutâneos dolorosos, que ainda não incluem o neurofibroma.



AGRADECIMENTOS

Dra. Ana Carolina Esposito (Genética)

Dr. Guilherme Thomé (Oftalmologia)



Referências

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Shofty B, Ben Sira L, Constantini S. Neurofibromatosis 1-associated optic pathway gliomas. Childs Nerv Syst. 2020 Oct;36(10):2351-2361. doi: 10.1007/s00381-020-04697-1. Epub 2020 Jun 11. PMID: 32524182.

OBRIGADA!

